



SANDESH

The Voice of MAMCOAANA

Executive Committee

2025-2025

President

Nandita Gupta, MD

President Elect

Ajay Rawal, MD

Immediate Past President

Manish Garg, MD

Secretary

Bobby Batra, MD

Treasurer

Bhushan Pandya, MD

Joint Treasurer

Ajay Goel, MD

Standing Committee Chairs

Bylaws

Vivek Mishra, MD

Continuing Medical Education

Indranil Chakraborty, MD

Membership

Alok Maheshwari, MD

Publications

Tarang Sharma, MD

Liaison

No appointee by EC for 2024-25

Convention

No appointee by EC for 2024-25

Members at Large (voting)

Randeep Suneja MD, Nidhi Gupta

MD, Ritu Munjal MD, Vibhor

Wadhwa, MD

Honorary Members (nonvoting)

Webmaster

Nikhil Goyal, MD

Others

Ankur Puri MD, Sivakumaran

Raman MD, Rajesh Malik MD,

Vikas Khurana MD, Kumar Sujit

MD, Girish Bhatia MD

Table of Contents

2	Message From The President (2024-25)
4	Editor's Inky Notes
5	GBM Minutes MAMCOAANA (2024)
7	Message From The CME Chair
8	MAMCOAANA Cricket Match - the first edition!
13	MAMCOAANA 2024 - In Photos



Message From The President 2024-2025

Dear MAMACOAANA Family,

It is a privilege and honor to serve as your President of MAMACOAANA. Our shared memories and experiences at Maulana Azad Medical College form a vital part of who we are, and it is my goal to ensure these connections remain strong and vibrant. Together, we can build a long legacy by reliving the fond memories of our time at MAMC and supporting and guiding the next generation of physicians who now walk the same halls.

Community is at the heart of MAMACOAANA. As we look forward to our future, this is a unique opportunity to strengthen old bonds, make new friendships, and explore how each of us can contribute to keeping the spirit of MAMC alive.

Whether through mentorship, collaboration or simply sharing our journeys, we all play a crucial role in ensuring the enduring strength of our alumni community.

With that spirit in mind, my husband, Saurabh Gupta (Batch of 1989), and I, Nandita (Batch of 1992), are thrilled to invite you to the 2025 MAMACOAANA Annual Convention, to be held from **July 17th to 20th, 2025**, in the beautiful and vibrant city of **Portland, Oregon**, at the stunning **Marriott Riverside Hotel**. The theme of this year's convention is *"Celebrating Memories, Building Community."*



Glimpse of Portland and Beyond

Nestled between the Cascade Range and the Pacific Coast, Portland is a city of natural beauty and cultural richness. Highlights include **Downtown Portland**, with its famous [Powell's Books](#) and the tranquil [Lan Su Chinese Garden](#), and the stunning **International Rose Test Garden** in Washington Park. Families will love the interactive exhibits at the [Oregon Museum of Science and Industry \(OMSI\)](#), and for nature lovers, nearby **Forest Park** offers miles of scenic hiking trails. Portland's renowned **food carts**, **coffee culture**, and craft breweries are a must, along with the peaceful retreat offered by the Marriott Riverside Hotel, with stunning river views and the **Proof Reader Restaurant's** extensive whiskey selection. A short drive from Portland brings you to some of the Pacific Northwest's most breathtaking landscapes:

- **Multnomah Falls** and the scenic **Columbia River Gorge** are perfect for hiking and photos.
- **Mount Hood** offers year-round outdoor activities.
- The [Willamette Valley](#), is renowned for world-class Pinot Noir.
- The rugged beauty of the [Oregon Coast](#), including charming seaside towns like [Cannon Beach](#) with its iconic Haystack Rock.

Convention Highlights

We have an exciting lineup of events planned for the convention that will offer the perfect mix of reconnecting with old friends and making new memories, all set against Portland's vibrant backdrop:

- **Thursday night cricket match:** Start the weekend with some friendly competition among alumni.
- **Friday morning guided riverside walk:** Join fellow alumni for a refreshing morning walk along the scenic beauty of the Willamette River and Portland bridges.
- **Friday night gala:** A glamorous evening in the hotel ballroom, where we'll celebrate our community in style.
- **Saturday night wine tasting and party:** We'll take you on a delightful journey through Oregon's wine country as we celebrate with good wine and great company.

Message From The President 2024-2025 (contd.)

Additionally, we'll have **CME sessions** featuring expert speakers throughout the weekend to enhance your professional knowledge. Stay tuned for updates on the convention at mamcoaana.org.

Become a Life Member

I encourage you to become a life member of MAMCOAANA to help sustain our organization for future generations. From October 1st to December 31st, 2024, we're offering a 50% discount during the Life Membership Drive. Visit mamcoaana.org to sign up and support our alumni network.

Register for the Convention

Join us for the 2025 MAMCOAANA Annual Convention. Become a life member to enjoy discounted rates and take advantage of special hotel rates. Visit mamcoaana.org for more details, and don't forget to invite fellow MAMC alumni to join us in Portland for a memorable reunion!

Stay Connected

Follow up on all updates and discussions via the nothing-official-about-it-yet-but-so-popular **LinkedIn** (<https://www.linkedin.com/company/mamcoaana/>) or

WhatsApp (<https://chat.whatsapp.com/F9kqQrkY113H1PAjx324Ds>).


(Not the official handles of MAMCOAANA, the official handle being only the website www.mamcoaana.org, but social media is a beast and we must train the dragon to our benefit!)

Saurabh and I look forward to seeing you in Portland!


Warm regards,

Nandita Gupta, MD, MBA, FACC

save
the
date



39TH MAMCOAANA ANNUAL CONVENTION
PORTLAND, OREGON
JULY 17-20, 2025
HOSTED BY NANDITA & SAURABH GUPTA



Editor's Inky Notes

I mused last year and last edition of Sandesh whether it was even relevant in the changing times now. Musings or not... here is the new edition of Sandesh... turning up again like before! Yes, publications has more planned for future years, but the constants are not about to leave any time soon looks like!

It is heartwarming to see the EC slowly turn over to newer and younger alumni with their enthusiasm - the life blood of any organization.

Turn the pages to enjoy a glimpse of what you may have missed in Philly in 2024!

- Tarang Sharma, MD



Life Membership Drive, running from October 1st to December 31st, 2024.

For a limited time, take advantage of our 50% discount on life memberships:

Individual Alumni: \$250 (reg. \$500)

Alumni Couple: \$375 (reg. \$750)

Enjoy exclusive benefits, including:

- \$50 off conference registration fees for member and spouse each year
- Opportunities to contribute and connect with MAMCOAANA
- Special this year: receive a Life Member lapel pin

GBM minutes 2024 MAMCOAANA

A general body meeting of MAMCOAANA was conducted at the Hilton Penn's Landing hotel on Aug 10, 2024, starting at 11:28 AM and ending at 11:45 PM.

The agenda for the meeting included:

- Finance committee report
- Lecture series/MAGIC
- EC election and member approval
- FFE
- Social media update
- Membership Drive
- Details of next conference

1) Finance committee report:

- Overseen by Dr. Ajay Goyal and Dr. Pandya
 - Convention collections were approximately 70K, including 20k in sponsorships; Checks 30K.
 - Reserve funds in Merrill Lynch approximately 310 K
- Report was received and approved unanimously.

Addendum

Approval of transfer of accounts from Merrill Lynch to Lindern Thomas and Co

2) Lecture series/MAGIC started with the MAMC faculty and Dean:

- MAMC alumni guidance inspire classes
- Received EC approval on recording lectures as will be requested on topics given from MAMC.

3) EC election on member approval (unanimous approvals for all):

Incoming president Dr. Nandita Gupta
Past president Dr. Manish Garg
Treasurer Dr. Bhushan Pandya
Co-treasurer Dr. Ajay Goel
President-elect Dr. Ajay Rawal
Secretary Dr. Bobby Batra
CME Chair Dr. Indranil Chakraborty

Publication Committee Chair Dr. Tarang Sharma
Bylaws Committee Chair Dr. Vivek Mishra
Membership Committee Chair Dr. Alok Maheshwari

Members at large (Voting):

Dr. Ritu Munjal
Dr. Randeep Suneja
Dr. Vibhor Wadhwa
Dr. Nidhi Gupta

Honorary Web Master Dr. Nikhil Goyal

Honorary members at large (Non voting members):

Dr. Siva Raman
Dr. Ankur Puri
Dr. Girish Bhatla
Dr. Kumar Sujeet
Dr. Rajesh Malik
Dr. Vikas Khurana

Finance Committee members: Dr Vivek Mishra and Dr Ashish Dua (nominated and appointed by EC).

Motion to approve Randeep Suneja and seconded by Vivek Mishra.

Approved unanimously.

4) EC approved scholarship sponsorship for MAMC students (FFE). Details on our website. 10 people have pledged so far.

1 year \$700

5 year \$3500

Perpetual ongoing/recurring

Tax deductible

RBI vets organizations in India and IRS in the USA

5) Social Media update. Work in progress.

6) Welcoming remarks by incoming President

Dr Nandita Gupta 1991 batch

7) Finally, membership Drive 50% discount till end of December 2024 .

8) For the meeting, a suggestion was made to consider an early bird special for signing up for the convention next year

Message From The CME Chair

Dear Friends,

On behalf of the organizers of the Maulana Azad Medical College Alumni Association of North America (MAMCOAANA) 2024 annual convention, I want to welcome you all to the Continuing Medical Education (CME) Conference. First of all, I want to thank Dr. Manish Garg, President of MAMCOAANA 2024 Convention and the entire executive committee for organizing such a wonderful convention. Also a special thanks to Dr. Bharti Khurana, the immediate past Chair of MAMCOAANA CME activities for her exemplary leadership and hard work in making the CME programs successful year after year and taking the quality and relevance of this yearly meeting to new heights! I hope to carry on the impressive work that Bharti has started, and need all your support in making this event a successful one.



My endeavor is to bring together eminent speakers and experts from all parts of the globe to talk about topics relevant to the current and future clinicians, physician leaders and researchers. Even though this year's focus is on artificial intelligence in clinical medicine, we are really lucky to have a wonderful panel of experts who will speak on a variety of topics. I am confident this will be appealing to a wide range of audience. We are also continuing the wonderful tradition of inviting young scientists from high schools and colleges to present their scientific research work in the form of posters during these two days.

This year, we will also feature two invited keynote speakers from India who will speak on topics ranging from grading and accreditation in the Indian healthcare system to current status of medical education in India. We are delighted to have these eminent speakers amongst us and we are confident we all can benefit from their knowledge and experience.

Here is hoping for a wonderful and successful 2024 MAMCOAANA Convention and CME Conference.

Sincerely Yours

Indranil 'Neil' Chakraborty, MBBS, MD, DNB, FASA

Professor

Tenured Clinical Educator

Director, Division of Neuroanesthesiology Dept. of Anesthesiology

College of Medicine

University of Arkansas for Medical Sciences 4301 W Markham St, Slot # 515

Little Rock, Arkansas 72205. USA

E mail: chakrabortyindranil@uams.edu

MAMCOAANA Cricket Match - the first edition!

I decided to be the officially unofficial journalist to take notes on this highlight of Philly 2024, and frankly, I don't even know where to begin to try to document what this was!!

As in... I am speechless ... the idea itself was great.... but the execution and the enthusiasm and the reception of that afternoon can only be called rejuvenatingly out of this world! And honestly, that expression is still highly inadequate for it.

First of all, the build up... reams and reams of texts and whatsapps (some of which were not even all public) discussing venues, and teams and jersey colors and names and what not. Boys will be boys, and they became endearingly more boyish and childlike as they eagerly prepared for this match of all matches. The girls... well... they had their own favorites too in their jersey names and how they wanted to participate!

Then, the actual convention jersey frenzy - oho - even the CME announcements were interrupted by the all important assignments of jerseys and caps (only in MAMCOAANA!!). As in all cricket matches, we had an interruption and readjustments of plans with rains. The day of the match in the end turned out to be a beautiful breezy sunny day though.

I had thought that I would 'clean up' my cheat notes from the day of the match, but now that I am looking at them again I am enjoying the 'farras' more than any clean up. So I will share it all as is. Those who feel disoriented after my choppy narrative - well, you just have to experience this in person yourself instead of relying on your bekar journalist/editor's cliff notes from now on.

Post script of course is that the match is set to become a staple of MAMCOAANA conventions in future - to be back by popular demand!

THE TEAMS

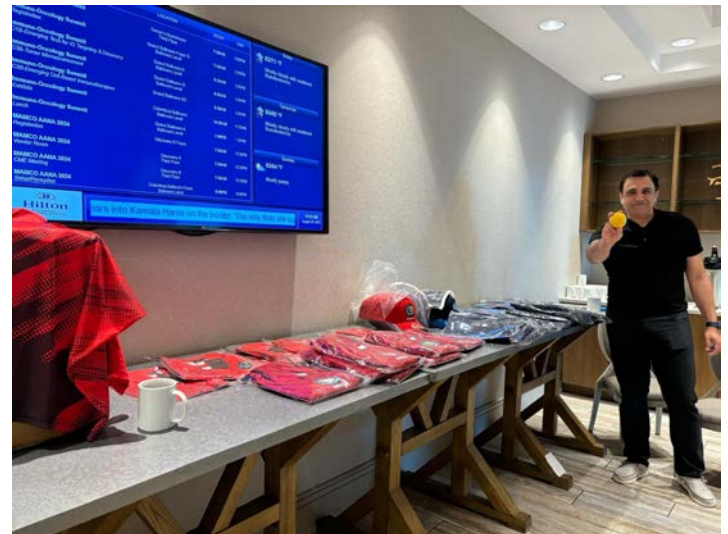
(ye farre hain aur wahi rahenge, hum na sudhenge)

Blue even - avalanche

Sachman - 77 - Manish Sachdeva likes 77
 Aashish Dua - 18 - Kohli
 Monica - 17 - pant
 Gentle giant - Malik - 90 (batch)
 Suneja - 26 (lucky number) was roll number too
 Ajay - requested 45 (Rohit Sharma) but got 9
 Alok - 45 - hitman
 Goel - 7 - kashish goel - Dhoni
 Neil - 1 - husband number 1
 Ankur puri - 11 (aise hi)
 Sandeep sach - Deva - 27 - birthday
 Verghese - 10 - 'pata nahin'
 Dinesh - 123 - dheela aadami jiski jersey Salil Gupta ko pehenni padi.

Red odd - hurricane

Champ - 18 - didn't sign up - Dheeraj ko pehenni padi
 Bhushan - 10 - just got it assigned
 Girish - 47 - roll number
 Mishra - 1 - sabse pehle volunteer kiya
 Nidhi - 2 - obediently took what was assigned - wanted 14 or 5 but didn't ask and didn't get
 Ace - manjeet dhallu - 11 - diya gaya to le liya
 (Kumar) Sujeet - 7 - lucky number - inko lagta hai
 Anil Gupta - Thala - 7 - dhoni's Nick name??
 Garg - 5 - 5 numbari - hriday mein tej hota hai, dimag mein knowledge ka bhandar hota hai - uska number number 5 hota hai.
 Jitesh - 35 - 30+5 kid's birthdays!
 Rohan S - Himanshu gupta - borrowed jersey - 777 - nahin pata!



Jitesh Rana - with cricket paraphernalia - bunking CME (photo proof)



THE SCORE CARD

(not the final one)



THE COMMENTATORS' BOX

(real and honorary ones)



THE STANDS

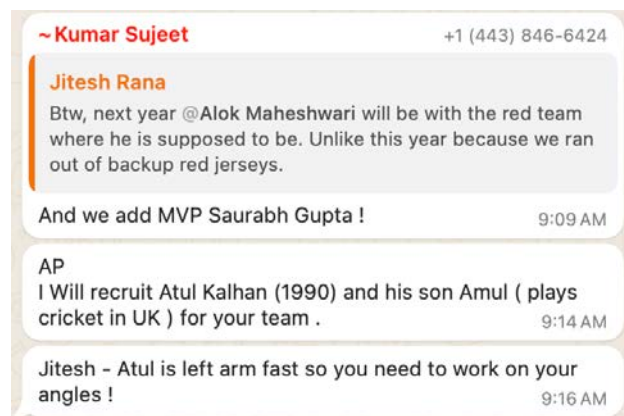
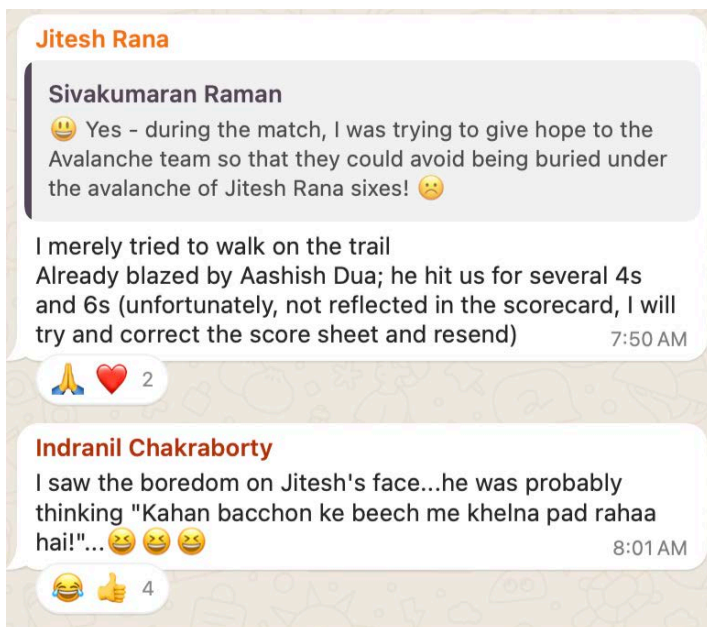
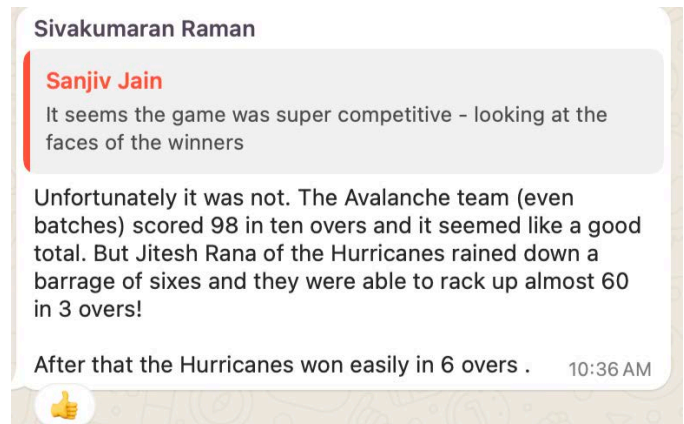
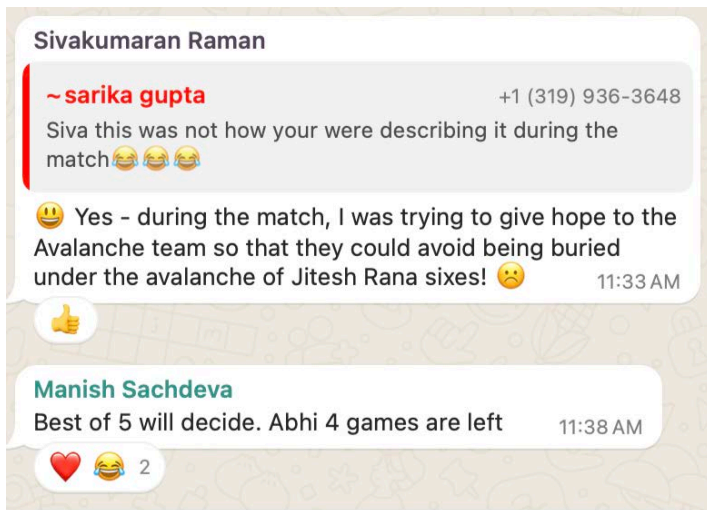
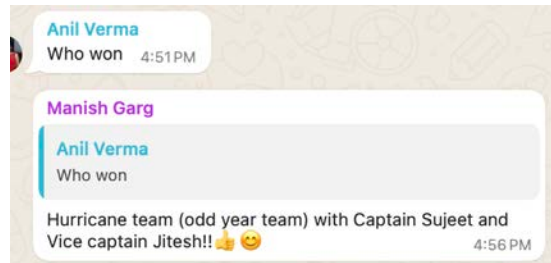




The Red Team aka Hurricanes won. What did they get? Just bragging rights to each other :D

POST SCRIPT

The teams congratulated each other in a very civil manner - all smiles for post script photos - but the real juice flowed in their WhatsApp comments - already 'plotting' their strategies and head huntings and teams for next year!!



MAMCOAANA 2024 - In Photos

Yes, we did have more than the cricket match - way more - CME, posters, yoga, Akshardham, eating and more eating, talking and more talking...Photos and videos have already been shared on every unofficial social media but here are some photos for the magazine and the website for 'forever' documentation :)









2025 MAMCOAANA will be held in Portland, OR
For those who lament that MAMCOAANA never
travels to the west coast, now is your chance!