

# MAMCOAANA

MAULANA AZAD MEDICAL COLLEGE ALUMNI ASSOCIATION OF NORTH AMERICA

*Education, Excellence, Camaraderie.*

## MAMCOAANA CME 2022

36th Annual MAMCOAANA Convention

***“Advances In Medicine 2022”***

July 29th and 30th, 2022



**Hard Rock Hotel & Casino Atlantic City**

**1000 Boardwalk, Atlantic City, NJ**

**CME Provided By:**

**The University of Arizona College of Medicine - Tucson**

# Welcome from the CME Chair

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Dear Friends,

It is my great pleasure and honor to welcome you to the 36th Annual MAMCOAANA Convention's CME in Atlantic City, New Jersey from July 29-30, 2022. This conference is accredited by the University of Arizona College of Medicine - Tucson to provide 8 hours of CME. The objective of this meeting is to present advances in the field of medicine and encourage physicians to apply new knowledge and strategies that will improve patient outcomes by discussing new trends and treatments. In addition to updates on the common conditions of diabetes, congestive heart failure, and obesity, several cutting edge topics such as MR neurography, medical cannabis, value based healthcare, and physician wellness will also be discussed. Along with these outstanding health care talks, we will also be hosting didactic talks on the importance of medical school accreditation and ABMS standards. Similar to previous successful years, we also look forward to having several round table discussions that will give each attendee an opportunity for interactive discussion, sharing practical challenges and experiences with the experts in the field.



With this in mind, I have invited a fantastic group of speakers to share their expertise and knowledge with us. This meeting will also provide a good platform for exchange of ideas, mentorship, networking, and foster ties with our alma mater. I would like to thank our President, Dr. Rajesh Malik, and his multi talented wife, Dr. Pooja Malik, as well as the executive committee, for planning a fantastic convention for us. I wish you a wonderful MAMCOAANA experience and an enjoyable stay in Atlantic City.

Sincerely yours,

*Bharti Khurana, MD*

## ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of Arizona College of Medicine - Tucson and the Maulana Azad Medical College Alumni Association of North America (MAMCOAANA). The University of Arizona College of Medicine - Tucson is accredited by the ACCME to provide continuing medical education for physicians. The University of Arizona College of Medicine - Tucson designates this live activity for a maximum of 8 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## PRACTICE GAP

The field of medicine is changing at a considerable pace. New science, new technology, new devices and new pharmacological agents are constantly being developed, which improve patient outcomes. Fundamental understanding of these developments is essential for the practicing physicians. The physicians attending this annual conference are from many different specialties and many specialists are not well aware of developments in fields other than their own. Updates on common conditions of diabetes, congestive heart failure, obesity and relatively newer topics such as MR neurography, medical cannabis, value based healthcare, and physician wellness will be discussed. These new management approaches will be presented to cover this gap in our knowledge. The goal of this meeting is to discuss new trends and treatments in these selected topics so that the attendees of this meeting can apply new knowledge and strategies that will improve patient outcomes.

## NEEDS ASSESSMENT

Topics were developed from previous evaluations, faculty perception, and participant requests. Topics of high relevance that have not been discussed in the previous meetings like value based health care, knowledge of nuclear medicine, new ACA/AHA guidelines for management of CHF, knowledge of obesity, inflammation, thrombosis and bariatric surgery will be discussed. Suggestions were made to include topics that will help the primary care physician and not just specialists. Based on the suggestion, we have included topics like recent advances in diabetes management, and knowledge of techniques to enhance physician wellness.. These topics of high relevance to the practicing physicians have been selected for this meeting.

## TARGET AUDIENCE

This program is intended for physicians who are alumni of MAMCOAANA who belong to various specialties of medicine including general medicine and family practice.

## FORMAT

The program will consist of four-hour sessions for each day. There will be didactic lectures, followed by group discussion.

## OBJECTIVES

- 1.) Integrate nuclear medicine into appropriate scenarios
- 2.) Support and enable value-based care
- 3.) Incorporate into care new ACC/AHA guidelines for the management of CHF
- 4.) Counsel appropriate patients on obesity, inflammation, thrombosis and bariatric surgery
- 5.) Discuss with patients the evidence base for and against medical cannabis
- 6.) Adopt techniques to enhance physician wellness

## AMERICANS WITH DISABILITIES ACT

Persons with a disability may request reasonable accommodation by contacting **Dr. Bharti Khurana** at **617-732-6506**, or email at **[bkhurana@bwh.harvard.edu](mailto:bkhurana@bwh.harvard.edu)**. Requests should be made as early as possible to allow time to arrange the accommodation.

## TAX DEDUCTIBLE STATUS

Each physician should contact his/her accountant about the deductibility of this program.

## DISCLOSURE OF RELEVANT FINANCIAL RELATIONSHIPS OR LACK THEREOF

Dr. Suneja has disclosed a relevant financial relationship as a speaker for AstraZeneca. His relevant financial relationship was mitigated via slide review and the content found to be evidence-based, balanced, and non-promotional.

All other faculty, CME Planning Committee Members, and the CME Office Reviewers have disclosed that they have no relevant financial relationships with ineligible companies that would constitute a conflict of interest concerning this CME activity.

## ACKNOWLEDGEMENTS

The organizers acknowledge sponsorship support from 314e Corporation, 6701 Koll Center Pkwy #340, Pleasanton, CA 94566.

# Speakers and Faculty

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<p>Bharti Khurana, MD, FACR</p> <p><i>CME Chair</i></p>	<p>Associate Professor of Radiology, Harvard Medical School          Founder &amp; Director, Trauma Imaging Research and Innovation Center          Brigham and Women's Hospital, Mass General Brigham          75 Francis St, Boston, MA 02115          Email: <a href="mailto:bkhurana@bwh.harvard.edu">bkhurana@bwh.harvard.edu</a>          Twitter: @KhuranaBharti</p>
<p>Avneesh Chhabra, MD, MBA</p>	<p>Professor of Radiology &amp; Orthopedic Surgery          Fellowship Director, Musculoskeletal Radiology          Chief, Division of Musculoskeletal Radiology          UT Southwestern Medical Center and Parkland Memorial Hospital          5373 Harry Hines Blvd, Dallas, TX          Email: <a href="mailto:avneesh.chhabra@utsw.edu">avneesh.chhabra@utsw.edu</a>          Twitter: @AchhabraMD</p>
<p>Ajay K Chopra, MD,          Dip.ABOM, FASMBS</p>	<p>Medical Director, Bariatric Surgery, North Bronx HealthCare Network, Jacobi Medical Center          Associate Professor of Surgery, Albert Einstein College of Medicine          Bronx, NY</p>
<p>Narainder Gupta, MD, DRM          MSc, FRCR, MLaw(Hlth)</p>	<p>Associate Professor of Clinical Radiology and Nuclear Medicine, Hospital of Univ of Pennsylvania and Perelman School of Medicine          3400 Spruce Street, Philadelphia, PA          Email: <a href="mailto:Narainder.Gupta@pennmedicine.upenn.edu">Narainder.Gupta@pennmedicine.upenn.edu</a></p>
<p>Raj Kapoor, MD, FACP, FCCP,          ABSM</p>	<p>Medical Director, Restful Night Sleep Center, Ridgway, PA          Medical Director, Sleep Health Solutions, Caribbean Islands          624 Whispering Pines Drive,          Pittsburgh, PA 15238          Email: <a href="mailto:rdkapoor@gmail.com">rdkapoor@gmail.com</a></p>
<p>Gaurav Kumar, MD</p>	<p>Chief of Radiology, Bayonet Point Hospital          Site Director, Radiology Residency, West Florida HCA          Hudson, Florida</p>

<p>Gaurav Mehta, MBBS, DCP MSc(Psych), MSc(Diabetes), FACadMed, FRCPC, FAPA, CISAM, CCSAM, DAM, CBE</p>	<p>Deputy Chief of Psychiatry, Adjunct Assistant Professor University of Toronto Southlake Regional Health Center 596 Davis Drive Newmarket, Ontario, Canada Email: <a href="mailto:gmehta@southlakeregional.org">gmehta@southlakeregional.org</a></p>
<p>Bhushan Pandya, MD</p>	<p>President, Danville Gastroenterology Center, PC Member, Stakeholder Council, ABMS Member, Task Force on Professionalism, ABMS Delegate to the AMA- HOD Past President, Medical Society of Virginia Email: <a href="mailto:bhpm2004@yahoo.com">bhpm2004@yahoo.com</a></p>
<p>William W. Pinsky, MD, FAAP, FACC</p>	<p>CEO, Intealth 3624 Market St., 4<sup>th</sup> Floor, Philadelphia, PA President, ECFMG Board Chair, FAIMER Professor (Hon.), University of Queensland Email: <a href="mailto:wpinsky@ecfm.org">wpinsky@ecfm.org</a></p>
<p>Sivakumaran Raman, MD, MS</p>	<p>Chief Product and Analytics Officer, 314e Corp 438 Isabella Ct, Zelienople, PA Email: <a href="mailto:rama0083@gmail.com">rama0083@gmail.com</a> Twitter: @RamanSiv</p>
<p>Tarang Sharma, MD</p>	<p>General Clinical Endocrinologist Central Ohio Primary Care Physicians Inc 625 Africa Rd, Westerville, OH 43082 Email: <a href="mailto:tsharma@copcp.com">tsharma@copcp.com</a></p>
<p>Randeep Suneja, MD, FACC, FSCAI, FASNC, FACP, FCCP, FABLM, FASPC</p>	<p>CEO, Founder, and Medical Director, Cardiology Center of Houston Chairman of Cardiology, Houston Methodist Hospital 20710 Westheimer Parkway Katy, Texas 77450 Email: <a href="mailto:drsuneja@yahoo.com">drsuneja@yahoo.com</a> Twitter: @SunejaDrSuneja</p>

# DAY ONE: FRIDAY JULY 29th, 2022

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 Moderator: *Bharti Khurana, MD (CME Chair)*

TIME	TOPIC	SPEAKER
7:55 AM	<a href="#">Introduction and Opening Remarks</a>	
8:00 - 8:30	Magnetic Resonance Neurography and NS-Rads	<i>Avneesh Chhabra</i>
8:30 - 9:00	Obesity, Inflammation, Thrombosis, and Bariatric Surgery	<i>Ajay Chopra</i>
9:00 - 9:30	COVID-19 Update	<i>Raj Kapoor</i>
9:30 - 10:00	<a href="#">Roundtable Discussion</a>	
10:00 - 10:30	Role of Perfusion Imaging in Stroke and Interventions	<i>Gaurav Kumar</i>
10:30 - 11:00	What's new in the management of Diabetes?	<i>Tarang Sharma</i>
11:00 - 11:15	American Board of Medical Specialties, Development, and Implementation of Standards	<i>Bhushan Pandya</i>
11:15 - 11:30	The Importance of Medical School Accreditation	<i>William W. Pinsky</i>
11:30 - 12:00	<a href="#">Roundtable Discussion</a>	
12:00	<a href="#">Adjourn</a>	

## DAY TWO: SATURDAY JULY 30th, 2022

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 Moderator: *Bharti Khurana, MD (CME Chair)*

TIME	TOPIC	SPEAKER
8:00 - 8:30	Newer Clinical Scenarios where Nuclear Medicine may be useful	<i>Narainder Gupta</i>
8:30 - 9:00	Supporting and Enabling Value-Based Care	<i>Sivakumaran Raman</i>
9:00 - 9:30	2022 ACC/AHA Guidelines for Management of CHF	<i>Randeep Suneja</i>
9:30 - 10:00	<a href="#">Roundtable Discussion</a>	
10:00 - 10:30	Making the “Invisible” Visible: Intimate Partner Violence	<i>Bharti Khurana</i>
10:30 - 11:00	Medical Cannabis: A Review of Evidence	<i>Gaurav Mehta</i>
11:00 - 11:30	Physician Wellness: The Arrow of Time	<i>Raj Kapoor</i>
11:30 - 12:00	<a href="#">Roundtable Discussion</a>	
12:00	<a href="#">Adjourn</a>	



# NOTES

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# EVALUATION FORM

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The information contained in this form will assist in evaluating the effectiveness of this program and to make recommendations for future educational offerings. Return this form to the Registration Desk.

**SCALE: 1 = Poor, 2 = Fair, 3 = Good, 4 = Very Good, 5 = Excellent**

A. Rate the overall educational quality of the activity	1	2	3	4	5
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B. Relative to where you were prior to participating in this activity, please rate how this activity has affected your ability to:

Integrate nuclear medicine into appropriate scenarios	1	2	3	4	5
Support and enable value-based care	1	2	3	4	5
Incorporate into care new ACC/AHA guidelines for the management of CHF	1	2	3	4	5
Counsel appropriate patients on obesity, inflammation, thrombosis and bariatric surgery	1	2	3	4	5
Discuss with patients the evidence base for and against medical cannabis	1	2	3	4	5
Adopt techniques to enhance physician wellness	1	2	3	4	5

C. Please Rate Each Speaker:

Avneesh Chhabra	1	2	3	4	5
Ajay Chopra	1	2	3	4	5
Raj Kapoor	1	2	3	4	5
Gaurav Kumar	1	2	3	4	5
Tarang Sharma	1	2	3	4	5

Bhushan Pandya	1	2	3	4	5
William W. Pinsky	1	2	3	4	5
Narainder Gupta	1	2	3	4	5
Sivakumaran Raman	1	2	3	4	5
Randeep Suneja	1	2	3	4	5
Bharti Khurana	1	2	3	4	5
Gaurav Mehta	1	2	3	4	5

D. As a result of what I learned from participating in this activity, I intend to make the following practice/performance changes that I believe will result in more positive patient outcomes:

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E. Did you feel this activity contained biased information regarding any pharmaceutical companies or medical device manufacturer's therapeutic agents, devices, or services?

Yes

No

If yes, please describe:

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F. Please share any other comments or recommendations, including improvements for the current activity or topics for future educational events:

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# CREDIT REQUEST FORM

The AMA recommends that the accredited provider document “the actual number of credits earned by individual physician participants”. This documentation is also required for other professions. In order to comply with these requirements, please complete this form and indicate the number of hours attended. The actual hours are indicated next to the session for each profession.

Please complete this form in order to receive a certificate for CME Credit.

**Certificate will not be issued until payment for continuing medical education has been made.**

PLEASE PROVIDE THE FOLLOWING INFORMATION TO WHICH THE CERTIFICATE OF CORRECT CREDIT HOURS WILL BE MAILED:

Name: \_\_\_\_\_ Degree: \_\_\_\_\_

Speciality: \_\_\_\_\_

Address: \_\_\_\_\_ (H)  OR (O)

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip Code: \_\_\_\_\_

**Email:** \_\_\_\_\_ [ALL CAPS]

Telephone: \_\_\_\_\_

Indicate your professional practice:

Medicine

Administration

Other: \_\_\_\_\_

**FRIDAY JULY 29, 2022**

<b>Session</b>	<b>Credit Hours</b>
Magnetic Resonance Neurography and NS-Rads	/.5
Obesity, Inflammation, Thrombosis, and Bariatric Surgery	/.5
COVID-19 Update	/.5
Roundtable Discussion	/.5
Role of Perfusion Imaging in Stroke and Interventions	/.5
What's new in the management of Diabetes?	/.5
American Board of Medical Specialties, Development, and Implementation of Standards	/.25
The Importance of Medical School Accreditation	/.25
Roundtable Discussion	/.5

**SATURDAY JULY 30, 2022**

<b>Session</b>	<b>Credit Hours</b>
Newer Clinical Scenarios where Nuclear Medicine may be useful	/.5
Supporting and Enabling Value-Based Care	/.5
2022 ACC/AHA Guidelines for Management of CHF	/.5
Roundtable Discussion	/.5
Intimate Partner Violence	/.5
Medical Cannabis: A Review of Evidence	/.5
Physician Wellness: The Arrow of Time	/.5
Roundtable Discussion	/.5

Total Hours - Friday: _____ Hours (Maximum of 4 Credit Hours)	Total Hours - Saturday: _____ Hours (Maximum of 4 Credit Hours)
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**Total Hours to be Awarded: \_\_\_\_\_ AMA PRA Category 1 Credits™  
(Maximum of 8 Credit Hours)**

Signature: \_\_\_\_\_

*By signing above, you certify that you have attended the sessions for the number of hours you specified above for this activity*

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