



SANDESH

The Voice of MAMCOAANA

Executive Committee

2021-2022

President

Rajesh Malik, MD

President Elect

Aashish Dua, MD

Immediate Past President

Aashish Dua, MD

Secretary

Indranil Chakrabarty, MD

Treasurer

Bhushan Pandya, MD

Joint Treasurer

Ajay Goel, MD

Standing Committee Chairs

Bylaws

Vivek Mishra, MD

Continuing Medical Education

Bharti Khurana, MD

Membership

Alok Maheshwari, MD

Publications

Tarang Sharma, MD

Liaison

No appointee by EC for 2021-22

Convention

No appointee by EC for 2021-22

Members at Large (voting)

Ajay Rawal MD, Mini Gupta MD,
Nidhi Gupta MD, Ritu Munjal MD

Honorary Members (nonvoting)

Webmaster

Nikhil Goyal, MD

Others

Bobby Batra MD, Randeep Suneja
MD, Reema Chugh MD, Vikas
Khurana MD

Table of Contents

- | | |
|---|--------------------------------------|
| 2 | Message From The President (2021-22) |
| 3 | Editor's Inky Notes |
| 4 | Special GBM Minutes MAMCOAANA (2021) |



Message from the President 2021-22

Dear Maulanians in North America



I am humbled by the trusted vote of confidence from all of you, to lead MAMCOAANA as your president again for the year 2021-2022. We share a common goal to remain connected and involved in mutual growth at personal and organizational level and I hope to further that for us, and our families.

Last two years have been very stressful by all means for every human being in this world with a pandemic of this magnitude. We all have lost a lot in these two long years. As you may recall, in 2020 the Atlantic City annual convention had to be cancelled. And then, again this year in 2021, the Pittsburgh annual convention being arranged by Dr Ashish Dua had to be cancelled as well. As we can see hope of some normalcy coming into our lives in the next few months, we start preparations for our annual convention 2022, to be held at Hard Rock Hotel and Casino, Atlantic City.

The value of family, friends and colleagues have been revitalized in these trying times. We all shall continue to meet and support each other in these times, and beyond.

Talking about the MAMCOAANA family, I still vividly recall the month of November/December 1996, when I landed in JFK for my interviews for residency. I had no place to go in NY, and had no idea how I would manage once I landed at the airport. Alone and rather short on ideas and money, I was helped that day by a Maulanian who had come to the airport to pick up some other person. Thereafter I met many Maulanians during the course of my residency who helped me at every step. After my residency, I had to go back to India because I couldn't find a J1-waiver in time, and again I was subsequently rescued by a Maulanian in processing my subsequent visa and work status to be in the United States. A senior Maulanian from Melbourne, Florida was one such instrumental in my journey to work and live in this land of dreams called the USA. I am sure many of us can relate to my struggles, experiences. And it is to you – the Maulanians out there – that I owe some of my story and achievements. Thank you!

After coming back to the USA in October 2002, like so many of us, I got busy with just living my life, finding my place to place my roots, build a home, have a family and start a private practice.

I recall attending my very first MAMCOAANA in Philadelphia 2011, hosted by Dr Vikas Khurana, and his wife Dr. Ritu Khurana. Being able to meet so many people we knew and then a lot more who I met for the first time was indescribable. It gave a sense of friendship, home and warmth that nothing can equal. Over the years it now feels like a family reunion that I love attending with my wife and daughters every year. Becoming a lifetime member of MAMCOAANA seemed to seal this connection of family and friendship – a commitment from me to my MAMC brotherhood, and a commitment from MAMCOAANA to me for forever warmth.

I urge each one of you to consider becoming life members of MAMCOAANA. Your membership fee allows the organization to stay alive for future Maulanians so they may find a similar platform for themselves when they are ready to re-establish the bonds they left behind in their alma mater. As in the past few years, we are reducing life membership rates until the end of 2021 again.

I personally invite all Maulanians, with family, to the 38th annual convention in Hard Rock Hotel, Atlantic City in July 2022. Cyber connections via social media aside, there is nothing quite like the old fashioned, yet never out of fashion, face to face interaction. We have come a long way from where we started 38 years ago as an organization, and with the hard work done by our predecessors; we have a sound framework to be able to enjoy the exceptional CME, great entertainment and the priceless 'gupshup' that is forever rejuvenating like nothing else is.

Life membership enrollments are open already. Stay tuned for updates and convention registrations for Atlantic City, NJ 2022, on mamcoaana.org

Sincerely
Rajesh Malik, MD (batch of 1990)

Editor's Inky Notes

Another year of an abbreviated Sandesh, as we all try to keep our spirits up while we wait for 2022 MAMCOAANA to end our withdrawal symptoms with an in-person meeting.

What has MAMCOAANA done in the year 2020-2021?

Actually, quite a bit - we got Dr Raj Kapoor as our own go-to for any covid query - hats off to him for taking that on so readily, voluntarily; and slowly but surely educating us all. Knowledge is power. I for one definitely feel empowered by the summarized daily pearls I receive on our unofficial collective 'WhatsApp'! yes yes yes... whatsapp is not an official handle for MAMCOAANA.. but we are also maulanians... capable of learning anything, anytime, anywhere!

...But I digress... so, what else did MAMCOAANA do in the past year? We also got together to help our colleagues in India combat the immense challenges of the delta wave earlier in 2021. People unofficially answered questions day and night for their loved ones and more day after day. MAMCOAANA officially banded together to donate O2 concentrators through the IMA to doctors in India. Generous donations from maulanians coupled with the MAMCOAANA fund, made up of years of life-memberships was put to noble use.

We enjoy our convention fun, but we also work responsibly towards our fellowmen in times of need... after all, we are MAMCOAANA!!!



**Life Membership
50% Discount
Through December 31, 2021
Join Now
At
www.mamcoaana.org**

Special GBM minutes 2021 MAMCOAANA

August 08, 2021 7pm EST via zoom

Called to order by Dr. Aashish Dua

Minutes of GBM 2020 were approved unanimously.

Life members/membership:

Dr. Aashish Dua gave and moderated this update

- 217 life members on website (continue to be collated from paper and pdf lists as well)
- 2 annual memberships in the year 2020
- 50% discount on life membership again approved unanimously from Aug 15, 2021 through Dec 31, 2021.
- proposal to send out president email q2months to website database approved unanimously

Treasurer Update:

Dr Bhushan Pandya gave and moderated this update

- all MAMCOAANA accounts were summarized and YTD balances shared with entire GBM for ML convention account, investment account, checking and savings accounts
- goal to have balanced portfolio of stocks, bonds and CDs for equity and liquid funds stressed upon
- an itemized expense of the O2 concentrators sent to India by MAMCOAANA was shared

By-laws:

No new updates per bylaws chair Dr Vivek Mishra

Officers for 2020-2021:

The GBM was informed that most of the current EC will continue for another year given special circumstances, except for Dr. Malik back as president and Dr. Dua back as next president elect.

Slate of EC officers for 2021-2022

A. Officers:

- a. President- Dr Rajesh Malik
- b. President Elect- Dr Aashish Dua
- c. Secretary- Dr Indranil Chakraborty
- d. Treasurer – Dr Bhushan Pandya
- e. Joint Treasurer- Dr Ajay Goel
- f. Immediate past president- Dr Rajesh Malik

B. Members at large: (Four members at large from active membership).

Dr. Nidhi Gupta, Dr. Ritu Munjal, Dr. Mini Gupta, Dr Ajay Rawal

C. Chairpersons of standing committees:

a. Bylaws Committee-

Chair: Dr Vivek Mishra

Members: Dr Vivek Mishra, Dr Alok Maheshwari

b. Membership Committee-

Chair: Dr Alok Maheshwari

c. Liaison Committee- to be filled by EC

d. Convention Committee- to be filled by EC

e. CME committee-

Chair: Dr Bharti Khurana

f. Publication committee-

Chair: Dr Tarang Sharma

Members: Dr Alok Maheshwari, Dr Randeep Suneja, Dr Tarang Sharma

D. Honorary members: (They will be non-voting members)

-Honorary Webmaster: Dr Nikhil Goyal

-Other Honorary members: Dr Randeep Suneja, Dr Bobby Batra, Dr Vikas Khurana, Dr Reema Chugh

Publications Update:

Dr. Tarang Sharma gave and moderated this update

- informed the GBM that MAMCOAANA.org is the official handle of the organization. All other social media and other handles are informal arms of Maulanians.

- a coffee table book for MAMCOAANA had been in the works, it is on hold given no meetings for the past two years but will be taken up when able

- publications will coordinate with the EC to send out q2mth emails to our web database emails to keep them all updated on activities of MAMCOAANA

•Dr. Rajesh Malik takes charge as the President of MAMCOAANA for the year 2021-22. He thanked the members and invited everyone & informed them that the 2022 convention is planned to be held in July 2022 in Atlantic City, NJ.

•Special mention was made for Dr. Raj Kapoor for his tireless COVID education and guidance contributions to the MAMCOAANA fraternity this past year. His zoom lecture on covid was also well received. Proposal to recognize Dr. Kapoor in person in the convention 2022 was unanimously approved.

•In the year 2021 MAMCOAANA, under its efficient EC as well guidance of treasurer Dr. Bhushan Pandya, undertook the task of donating of O2 concentrators to physicians in Delhi during the second covid wave. This was coordinated through a diligent MAMC alumnus in India, Dr. Baweja. As above, the itemized expense through MAMCOAANA funds was shared by the treasurer's report. The treasurer and co-treasurer thanked all donations to MAMCOAANA fund for this humanitarian effort, and special thanks was given Dr. Rajesh Malik for his outstanding contribution.

Meeting adjourned.

Attendees: Rajesh Malik,, Bhushan Pandya, Tarang Sharma, Ritu Arora Munjal, Aashish Dua, Indranil Chakraborty, Renu Thapar, Sunil Malkani, Sangeeta Saxena, Vivek Mishra, Vimal Sodhi, Narainder Gupta, Harvinder Singh, Anoop Kapoor