

# MAMCOAANA

MAULANA AZAD MEDICAL COLLEGE ALUMNI ASSOCIATION OF NORTH AMERICA

*Education, Excellence, Camaraderie.*

## MAMCOAANA CME 2019

35th Annual Convention of MAMCOAANA

***“Advances In Medicine 2019”***

July 26th and 27th, 2019



Swissotel Chicago

323 East Upper Wacker Drive, Chicago, Illinois

CME Provided By:

The University of Arizona College of Medicine - Tucson

# Welcome from the CME Chair

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Dear Friends,

It is my great pleasure and honor to welcome you to the 35th Annual Convention of MAMCOAANA CME conference taking place on July 26-27, 2019, in Chicago, Illinois. The conference is accredited by the University of Arizona College of Medicine - Tucson to provide 8 hours of CME. The objective of this meeting is to present advances in the field of medicine and encourage physicians to apply new knowledge and strategies that will improve patient outcomes by discussing new trends and treatments. Based on your feedback, this year we have modified the program to include pediatric topics in addition to extremely relevant discussions on advances in diabetes management, peritoneal dialysis, and endovascular interventions. Cutting edge topics such as biomedical device innovation, MR guided focused ultrasound, and physician wellness will also be discussed. Along with these outstanding didactic talks, for the first time in this convention we will be hosting a panel discussion that will feature renowned experts from oncology, surgery, pathology, and gastroenterology. As always, we look forward to having several round table discussions that will give each attendee an opportunity for interactive discussion on sharing practical challenges and experiences with the experts in the field.



With this in mind, I have invited a fantastic group of speakers to share their expertise and knowledge with us. The meeting will also provide a good platform for exchange of ideas, mentorship, networking, and foster ties with our alma mater. I would like to thank our President and my MAMC batchmate, Dr. Sunil Malkani and our charismatic first lady, Dr. Manjari Gambhir, as well as the executive and convention committee members for planning a fantastic convention for us. I wish you a wonderful MAMCOAANA experience and an enjoyable stay in Chicago.

Sincerely yours,

*Bharti Khurana, MD*

## ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of Arizona College of Medicine - Tucson and the Maulana Azad Medical College Alumni Association of North America (MAMCOAANA). The University of Arizona College of Medicine - Tucson is accredited by the ACCME to provide continuing medical education for physicians. The University of Arizona College of Medicine - Tucson designates this live activity for a maximum of 8 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## PRACTICE GAP

The field of medicine is changing at a considerable pace. New science, new technology, new devices and new pharmacological agents are constantly being developed, which improve patient outcomes. Fundamental understanding of these developments is essential for the practicing physicians. The physicians attending this annual conference are from many different specialties and many specialists are not well aware of developments in fields other than their own. Misconceptions related to peritoneal dialysis, pediatric endocrinology, oncology grand rounds, biomedical innovation in India, recent advances in diabetes management, functional neurosurgery, juvenile idiopathic arthritis, structural cardiology, knee arthroplasty, non coronary endovascular interventions, and mind/body medicine will be discussed. These new management approaches will be presented to cover this gap in our knowledge. The goal of this meeting is to discuss new trends and treatments in these selected topics so that the attendees of this meeting can apply new knowledge and strategies that will improve patient outcomes.

## NEEDS ASSESSMENT

Topics were developed from previous evaluations, faculty perception, and participant requests. Topics of high relevance that have not been discussed in the previous meetings like knee arthroplasty, biomedical device innovation, MR guided focused ultrasound, juvenile chronic arthritis will be discussed. Suggestions were made to include topics that will help the primary care physician and not just specialists. Based on the suggestion, we have included topics like recent advances in diabetes management, oncology grand rounds, and mind/body medicine. These topics of high relevance to the practicing physicians have been selected for this meeting.

## TARGET AUDIENCE

This program is intended for physicians who are alumni of MAMCOAANA who belong to various specialties of medicine including general medicine and family practice.

## FORMAT

The program will consist of four-hour sessions for each day. There will be didactic lectures, followed by group discussion.

**OBJECTIVES**

- 1.) Manage peritoneal dialysis
- 2.) Diagnose pediatric endocrinological disorders
- 3.) Implement MR guided focused ultrasound in neurological disorders
- 4.) Incorporate mind/body medicine for healthy lifestyles
- 5.) Incorporate new advances in knee arthroplasty
- 6.) Utilize new strategies for diabetes management

**AMERICANS WITH DISABILITIES ACT**

Persons with a disability may request a reasonable accommodation by contacting **Dr. Bharti Khurana at 617-732-6506, or email at [bkhurana@bwh.harvard.edu](mailto:bkhurana@bwh.harvard.edu)**. Request should be made as early as possible to allow time to arrange the accommodation.

**TAX DEDUCTIBLE STATUS**

Each physician should contact his/her accountant about the deductibility of this program.

**DISCLOSURE OF RELEVANT FINANCIAL RELATIONSHIPS OR LACK THEREOF**

All CME-approved Faculty, CME Planning Committee Members, and the CME Office Reviewers have disclosed that they do not have any relevant financial relationships with commercial interests that would constitute a conflict of interest concerning this CME activity.

# Speakers and Faculty

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<p>Bharti Khurana, MD</p> <p><i>CME Chair</i></p>	<p>Assistant Professor, Harvard Medical School          Director, Emergency Musculoskeletal Radiology          Brigham and Women's Hospital          75 Francis St, Boston, MA 02115          Email: bkhurana@bwh.harvard.edu</p>
<p>Ramesh Saxena, MD, PhD,          FASN</p>	<p>Professor of Internal Medicine,          Division of Nephrology,          Medical Director, Peritoneal Dialysis Program,          UT Southwestern Medical Center,          5323 Harry Hines Blvd. H5: 122,          Dallas, TX 75390-8856          Email: ramesh.saxena@utsouthwestern.edu</p>
<p>Nidhi Gupta, MD</p>	<p>Assistant Professor of Pediatrics          Division of Pediatric Endocrinology and Diabetes          Monroe Carell Jr. Children's Hospital at Vanderbilt          Vanderbilt University Medical Center          Nashville, TN          1500 21st Ave S, Suite 1514, Nashville TN 37212          Email: nidhimamc@gmail.com</p>
<p>Avanti Mehrotra, MD</p>	<p>Hematologist/Oncologist          Humphrey Cancer Center,          North Memorial Health Cancer Care,          3435 W. Broadway, Ste 1135,          Minneapolis, MN-55422          Email: avantim@msn.com</p>
<p>Vivek Chaudhary, MBBS MS          FACS FASCRS</p>	<p>Associate Professor of Surgery          University of Illinois at Chicago          Program Director Colorectal Surgery Fellowship          CCHHS          Email: vchaudhr@uic.edu</p>
<p>Davinderbir Pannu, MD</p>	<p>Gastroenterologist and Advanced Endoscopist          McLeod Regional Medical Center</p>

	555 E Cheves St Florence, SC 29506 Email: dbspannu@gmail.com
Ajay Rawal, MD	Staff Pathologist Health Partners-Methodist Hospital 6500 Excelsior Blvd St Louis Park, MN 55426. Email: ajayshivani@gmail.com
Joseph L Mathew, MD, PhD, Fellow (Pediatric Respiriology)	Professor (Pediatric Pulmonology) Advanced Pediatrics Center Postgraduate Institute of Medical Education Chandigarh, India 160012 Email: joseph.l.mathew@gmail.com
Pankaj Shah, MD	Endocrinologist Mayo Clinic 200 First St SW Rochester, MN 55902 Email: shah.pankaj@mayo.edu
Dheeraj Gandhi, MD	Director, Interventional Neuroradiology Professor of Radiology, Neurology and Neurosurgery Director of CMIT Center University of Maryland School of Medicine. Director of Neuroimaging BIOS Center, Johns Hopkins School of Medicine Email: gdheerajmd@gmail.com
Lakshmi Nandini Moorthy, MD, MS	Associate Professor of Pediatrics, Rutgers-Robert Wood Johnson Medical School New Brunswick, NJ 08901 Email: lnmoorthy@mac.com
Saurabh Gupta, MD, FACC	Director, Structural Cardiology St Charles Health System, OR. Email: srbhgup@gmail.com
Yash Gulati, MS, MCh	Sr Consultant Joint Replacement & Spine Surgeon

	<p>Apollo Hospital  Sarita Vihar, New Delhi 110076  Email: Dryashgulati007@gmail.com</p>
<p>Sanjay Tyagi, MD, DM, FAMS,  FESC, FSCAI, FACC</p>	<p>Dean, Maulana Azad Medical College  Director, Professor &amp; Head  Department of Cardiology  Director, G B Pant Institute of Postgraduate Medical  Education &amp; Research  New Delhi  Email: deanmamc.2012@gmail.com</p>
<p>Randeep Suneja, MD, FACC,  FSCAI, FASNC, FACP, FCCP, FAB  LM, FASPC</p>	<p>CEO, Founder and Medical Director  Cardiology Center of Houston.  Chairman of Cardiology  Houston Methodist Hospital  20710 Westheimer Parkway  Katy, Texas 77450  Email: drsuneja@yahoo.com</p>

# DAY ONE: FRIDAY JULY 26th 2019

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*Moderator: Bharti Khurana, MD (CME Chair)*

TIME	TOPIC	SPEAKER
7:55 AM	Introduction and Opening Remarks	
8:00 - 8:30	Peritoneal Dialysis. Misperceptions and Reality. A Non-Nephrologist perspective	<i>Ramesh Saxena, MD</i>
8:30 - 9:00	Is This Normal? Pediatric Endocrinology Potpourri	<i>Nidhi Gupta, MD</i>
9:00 - 10:00	Oncology- Grand Rounds followed by case discussions	<i>Avanti Mehrotra, MD</i> <i>Vivek Chaudhary, MD</i> <i>Davinderbir Pannu, MD</i> <i>Ajay Rawal, MD</i>
10:00-10:30	Roundtable Discussion	
10:30-11:00	Biomedical Device innovation in India: From bedside to bench and back again!	<i>Joseph L Mathew, MD, PhD</i>
11:00 - 11:30	Recent Advances in Diabetes Management	<i>Pankaj Shah, MD</i>
11:30 - 12:00	Roundtable Discussion	
12:00	Adjourn	



# DAY TWO: SATURDAY JULY 27th 2019

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*Moderator: Bharti Khurana, MD (CME Chair)*

TIME	TOPIC	SPEAKER
8:00 - 8:30	Towards Minimally Invasive Functional Neurosurgery: MR Guided Focused Ultrasound in Neurological Disorders	<i>Dheeraj Gandhi, MD</i>
8:30 - 9:00	Juvenile Idiopathic Arthritis - Clinical Presentation	<i>Laxmi N. Moorthy, MD</i>
9:00 - 9:30	Structural Cardiology: Are we at our limits already?	<i>Saurabh Gupta, MD, FACC</i>
9:30-10:00	Roundtable Discussion	
10:00 - 10:30	Knee Arthroplasty: What's New?	<i>Yash Gulati, MS, MCH</i>
10:30 - 11:00	Noncoronary Endovascular Interventions: A Journey Of Over Three Decades	<i>Sanjay Tyagi, MD, DM, FAMS, FESC, FSCAI, FACC</i>
11:00 - 11:30	Mind, Body & Medicine	<i>Randeep Suneja, MD</i>
11:30 - 12:00	Roundtable Discussion	
12:00	Adjourn	

# NOTES

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# EVALUATION FORM

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The information contained in this form will assist in evaluating the effectiveness of this program and to make recommendations for future educational offerings. Return this form to the Registration Desk.

**SCALE: 1 = Poor, 2 = Fair, 3 = Good, 4 = Very Good, 5 = Excellent**

A. Rate the overall educational quality of the activity	1	2	3	4	5
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B. Relative to where you were prior to participating in this activity, please rate how this activity has affected your ability to:

Manage peritoneal dialysis	1	2	3	4	5
Diagnose pediatric endocrinological disorders	1	2	3	4	5
Implement MR guided focused ultrasound in neurological disorders	1	2	3	4	5
Incorporate new advances in knee arthroplasty	1	2	3	4	5
Utilize new strategies for diabetes management	1	2	3	4	5

C. Please Rate Each Speaker:

Ramesh Saxena, MD	1	2	3	4	5
Nidhi Gupta, MD	1	2	3	4	5
Avanti Mehrotra, MD	1	2	3	4	5
Vivek Chaudhary, MD	1	2	3	4	5
Davinderbir Pannu, MD	1	2	3	4	5
Ajay Rawal, MD	1	2	3	4	5
Joseph L Mathew, MD, PhD	1	2	3	4	5

Pankaj Shah, MD	1	2	3	4	5
Dheeraj Gandhi, MD	1	2	3	4	5
Lakshmi Nandini Moorthy, MD	1	2	3	4	5
Saurabh Gupta, MD, FACC.	1	2	3	4	5
Yash Gulati, MS, MCH	1	2	3	4	5
Sanjay Tyagi, MD, DM, FAMS, FESC, FSCAI, FACC	1	2	3	4	5
Randeep Suneja, MD	1	2	3	4	5

D. As a result of what I learned from participating in this activity, I intend to make the following practice/performance changes that I believe will result in more positive patient outcomes:

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E. Did you feel this activity contained biased information regarding any pharmaceutical companies or medical device manufacturer's therapeutic agents, devices, or services?

Yes       No

If yes, please describe:

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F. Please share any other comments or recommendations, including improvements for the current activity or topics for future educational events:

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# CREDIT REQUEST FORM

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The AMA recommends that the accredited provider document “the actual number of credits earned by individual physician participants”. This documentation is also required for other professions. In order to comply with these requirements, please complete this form and indicate the number of hours attended. The actual hours are indicated next to the session for each profession.

Please complete this form in order to receive a certificate for CME Credit.

**Certificate will not be issued until payment for continuing medical education has been made.**

PLEASE PROVIDE THE FOLLOWING INFORMATION TO WHICH THE CERTIFICATE OF CORRECT CREDIT HOURS WILL BE MAILED:

Name: \_\_\_\_\_ Degree: \_\_\_\_\_

Speciality: \_\_\_\_\_

Address: \_\_\_\_\_ (H)  OR (O)

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_ [ALL CAPS]

Telephone: \_\_\_\_\_

Indicate your professional practice:

Medicine

Administration

Other: \_\_\_\_\_

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**FRIDAY JULY 27, 2018**

<b>Session</b>	<b>Credit Hours</b>
Peritoneal Dialysis. Misperceptions and Reality. A Non-Nephrologist perspective	/.5
Is This Normal? Pediatric Endocrinology Potpourri	/.5
Oncology- Grand Rounds followed by case discussions	/1
Roundtable Discussion	/.5
Biomedical Device Innovation in India: From bedside to bench and back again!	/.5
Recent Advances in Diabetes Management	/.5
Roundtable Discussion	/.5

Total Hours - Friday: \_\_\_\_\_ Hours  
(Maximum of 4 Credit Hours)

**SATURDAY JULY 28, 2018**

<b>Session</b>	<b>Credit Hours</b>
Towards Minimally Invasive Functional Neurosurgery: MR Guided focused ultrasound in Neurological Disorders	/.5
Juvenile Idiopathic Arthritis - Clinical Presentation	/.5
Structural Cardiology: Are we at our limits already?	/.5
Roundtable Discussion	/.5
Knee Arthroplasty: What's New?	/.5
Noncoronary Endovascular Interventions: A Journey of Over Three Decades	/.5
Mind, Body & Medicine	/.5
Roundtable Discussion	/.5

**CONTINUED ON NEXT PAGE...**

Total Hours - Saturday: \_\_\_\_\_ Hours  
(Maximum of 4 Credit Hours)

**Total Hours to be Awarded: \_\_\_\_\_ AMA PRA Category 1 Credits™**  
**(Maximum of 8 Credit Hours)**

Signature: \_\_\_\_\_  
*By signing above, you certify that you have attended the sessions for the number of hours you specified above for this activity*

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