



*The Voice of MAMCOANA*

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2018-2019

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## Message From The Immediate Past President 2017-2018

As I look back on the last year at MAMCOAANA, it brings a sense of pleasure and fulfillment. I was fortunate enough to be the president of our alumni association in USA.

The 2018 convention was a success because of the larger MAMC family. I would like to thank all the people who made the trip to Chicago, and made us part of your life. It was great to see so many friends mingling with each other, laughing out loudly, and rekindling their old bonds of friendship. It was heartwarming to see the MAMC crowd up till the wee hours of the morning, and then be present again for the CME in the morning.

Throughout the year, I constantly discussed things with Dr Tarang Sharma, the immediate past president and Dr Alok Maheshwari, president, in 2016. So a great shout out to them for their help and support. Dr Bharti Khurana, our CME coordinator, did an amazing job again. The CME was well attended, had great speakers, and ran smoothly.

Even though the number of MAMC graduates coming to the US has decreased in comparison to the 80's and 90's, I have seen many younger participants and many first time attendees. This gives me hope about the strength and future of the organization.

Thanks once again for making us part of your life. Next year the convention will be under the able guidance of my dear friends Drs Sunil and Manjari Malkani. It will be held at Hotel Swissotel, Chicago. Hope to see you there.

MAMC, MAMC !!!

Vivek Mishra, MD



## Message From The President – 2018-2019

Dear Friends,

The 2018 MAMCOAANA Convention was a big success thanks to great efforts by Dr Sonali and Dr Vivek Mishra. They have given us a great experience and Dr Bharti Khurana conducted an incredible CME Meeting. I will never forget these moments of learning, joy and celebration with my Classmates -some of whom I met after 24 years. I am sure all participants share these feelings. What a great event for networking!

Our Annual meeting with the Alumni is something special. Days and nights spent at MAMC (1989 -1994) created friendships that have become strong and lasted a lifetime. Besides renewing the past bonds - I find that we make new friends and discover fresh connections with our Alumni.



My wife Manjari Gambhir graduated from LHMC in 1996. With us attending MAMCOAANA she has also renewed old friendships and made new contacts with Hardinge Alumni. We are delighted to invite LHMC Alumni to attend next year's meeting as well.

The World is really a small place as long as we are willing to open our arms and get to know each other. I feel that in all of us there is a perpetual longing to reunite with our roots.

MAMCOAANA is becoming a steadily growing family that welcomes new members every year. I encourage young graduates as well as those who have been on the fence to become life members this year.

I would like to continue the tradition of this Annual Alumni EVENT by inviting MAMC Alumni and also LHMC Alumni to join us.

### **35th ANNUAL MAMCOAANA CONVENTION 2019.**

**Kindly mark you calendars-**

**Dates - Thursday July 25 to Sunday July 28, 2019.**

**Hotel - Swissotel, Chicago**

We are in the process of creating a great program (includes Family fun time at the Beach, Musical Evening, Gupshup, Shayari, Tennis Tournament, Gala dinner).

Please join us with family and enjoy the summer weekend in Chicago in 2019 with your extended College FAMILY. I would like to mention that this year's registration was sold out. We will open registration for next year's meeting and exclusive Hotel booking in few weeks.

Get ready to have a blast. Save the dates and make travel plans to Chicago - July 25 to 28th, 2019.

Sunil Malkani, MD



### The Editor's Inky Notes

What is the value of Sandesh? In this digital age, where texts and posts reach everyone before even an e-magazine, let alone a paper one is it worthwhile to spend the time to compile something? I sit supposedly as an 'editor' trying to weigh in on the importance of 'submissions' when what I am actually weighing on at times is exactly what I wrote above – trying to find that happy reason for a magazine, an organization, a memory, a friendship to exist. Believe it or not, the weighing in was not that long, and wasn't that fruitless. I did find my answer, enough to take pride in creating another Sandesh, and it is this - I think it's a sense of permanence that gives us all the foundation for joy. We always hear that change is the only permanence, and yet in our hearts we all seek stability, even if it is in illusion in time. Alumni associations, meetings, magazines....they are all after the same thing....a way to give continuity to our existence. The solidity of each of these allows us to tackle the other more challenging changes in life. Too heavy? Koi baat nahin.... Jhel lo thoda!

This is your magazine, articles are always welcome, submit them online through the link at [www.mamcoaana.org](http://www.mamcoaana.org), or send them my way anytime at [drtarang@gmail.com](mailto:drtarang@gmail.com) and they will get incorporated in magazines to come.

- Tarang Sharma, MD



### ***LIFE MEMBERSHIP DRIVE!!***

**Ends December 31<sup>st</sup> 2018**

**50% Discount On All Life Membership Rates**

**All Life Membership Money Goes To Help Your Ever Younger Colleagues!**

## Welcome from the CME Chair

Dear Friends,

Welcome to the 34th Annual Convention of MAMCOAANA CME conference taking place on July 27- 28th 2018, in Chicago, Illinois. The conference is accredited by the University of Arizona College of Medicine - Tucson to provide 8 hours of CME. The objective of this meeting is to present advances in the field of medicine and encourage physicians to apply new knowledge and strategies that will improve patient outcome by discussing new trends and treatments. Based on your feedback, this year we have modified the program to include several new topics including living kidney donation, cardiovascular disease in autoimmune conditions, advances in management of type 2 Diabetes, imaging of necrotizing infections, immunotherapy in Lung Cancer, transcranial magnetic stimulation, stroke prevention in atrial fibrillation and PFO in addition to extremely relevant topics of obstructive sleep apnea, heart disease in pregnancy, health care in 21st century and role of physicians leading healthcare organizations to the future that every medical professional should know. Along with these outstanding didactic talks, we look forward to having several round table discussions that will give each attendee an opportunity for interactive discussion on sharing practical challenges and experiences with the experts in the field. With this in mind, I have invited a fantastic group of speakers to share their expertise and knowledge with us. The meeting will also provide a good platform for exchange of ideas and foster ties with our alma mater.



I would like to thank our President and my lifelong mentor in radiology, Dr. Vivek Mishra and his lovely wife, Dr. Sonali Shukla as well as the executive and convention committee members for planning a fantastic convention for us. I wish you a wonderful experience and an enjoyable stay in Chicago.

Sincerely yours,

*Bharti Khurana*

Bharti Khurana, MD (CME Chair)

## **Poster Presentations at MAMCOAANA 2018**

Its heartening to see the still young Maulanians keep up with the caliber and traditions of CME presentations in MAMCOAANA and even more heart warming to see the truly young ones participate and bring their posters for presentations to MAMCOAANA. This year we had 3 posters, each beautifully done and well presented.

### **Pulmonary Hemorrhage – A Rare Complication of Apixaban**

Anubhav Jain

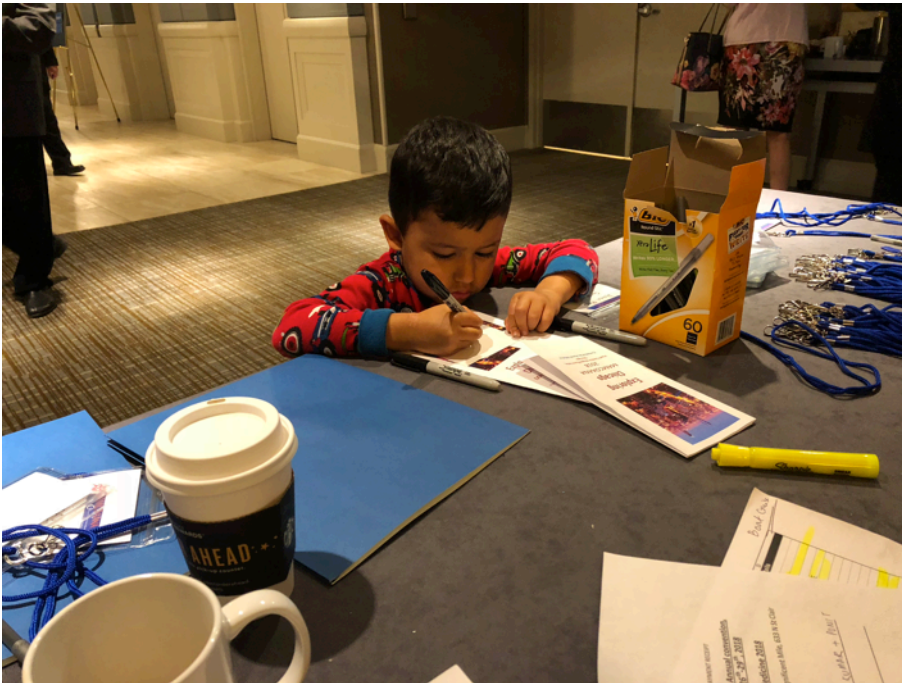
### **Post Operative Euglycemic Diabetic Ketoacidosis – A Case Report**

Ankita Aggarwal

### **Asymptomatic Stanford Type A Aortic Dissection: A great masquerader and a clinician's nightmare!**

Tanisha Gunby and Reema Chugh, M.D., F.A.C.C.

## MAMCOAANA 2018 In Pictures



MAMC DNA for sure....

Abhi se CME registration shuru!

*Ed Note: this is not a contrived click at all. I was attending CME, stepped out to get a coffee, and this is what I saw! This pint-sized registrant in pajamas staring the prez in the eye and busily signing away! Had to get that on camera!*





## MAMCOAANA 2018 In Pictures



CME – organized by Dr. Bharti Khurana – smashing attendance. The CME room filled up with people standing in the back, eagerly listening and participating as the coffee urns emptied. I wish I had the exact photo to place here with the room packed! But dears, nothing like the real thing, when you attend it all live!

Of course, coffee cant make one live forever, so people went out for lunch, and batches organized spontaneously for batch lunches. So much fun!





## MAMCOAANA 2018 In Pictures



Cruising, dancing, posing for photos, chatting....with the Chicago backdrop and a crystal clear sky and even blood moon that balmy night.....Chicago 2018 to remember! More to see if you click [here](#)



## MAMCOAANA 2018 In Pictures



The pioneers of MAMCOAANA, MAMC kids, and everything else in between...what a wonderful togetherness on the gala night! Photos galore if you click [here](#), but look at the glimpses above, aren't we pretty!!!



## **Dr. Bhushan Pandya Attends MAMCOS - UK**

MAMCOS-UK organized their Annual meeting in Glasgow, Scotland, from September 28-30. The meeting was attended by MAMC graduates from England, Wales, Germany, India and the US. I had the privilege of participating and representing MAMCOAANA. I was received and hosted by their President Dr. Dinesh Verma, a close friend of mine.

The meeting had the same flavor of bonding, fellowship that can only be experienced by attending a meeting of Maulanians. The walk down the memory lane, the talks, the jokes, the singing, the dancing, the silly conversations make up for a weekend which can only be experienced. The CME sessions reflect the intellect, the leadership and engagement of Maulanians in their adopted country of UK. The meeting ended with a farewell to a family of Maulanians with anticipation of meeting them next year. I extended an invitation from MAMCOANNA President Dr. Sunil Malkani for MAMCOS-UK members to attend our annual meeting in Chicago in July 2019.

- Bhushan Pandya, MD



## MAMCOSAus – Maulanians in Australia Get Together

My Maulanian friends in Australia got together and shared the news article and some pictures as well. This was the 4<sup>th</sup> MAMCOSAus get together. Check out the article published by the local Australian news – Maulanians are all over the globe and thriving - <http://www.desiaustralia.com/mamcosaus-celebrates-its-4th-annual-get-together-at-sofitel-darling-harbour/>

Below are some pictures from our Maulanian friends in Australia.

- Vivek Mishra, MD

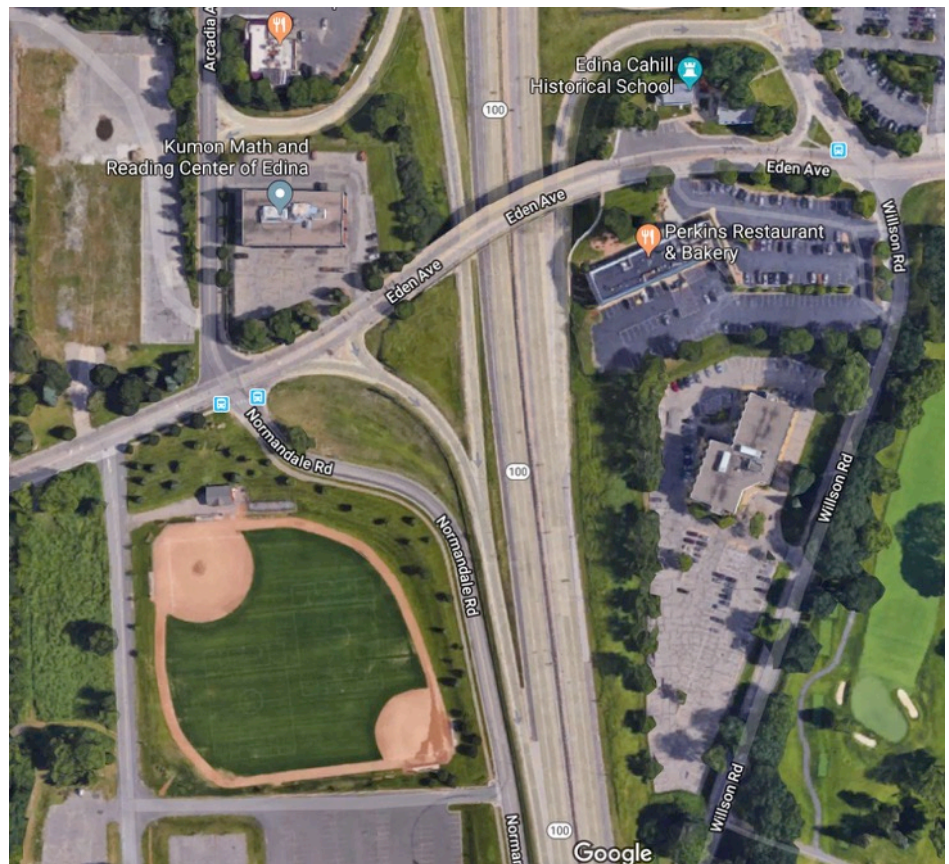




## Merge and Flow

Along a stretch of Minnesota State Highway 100 in Edina, an inner ring Minneapolis suburb, stands a plain, brown office building. The building's second floor houses a franchise operation of Kumon, a supplemental educational network. Its immigrant-preponderant clientele is pretty typical of many Kumon franchises. There are kids and parents of South and East Asian origins. Many residents of Somali and other African origins are also heavily represented. You can catch half a dozen languages in the waiting area as parents peer down on their phones, read, knit, or talk with their old friends or new acquaintances. It is a shared experience where the common goal of empowering kids through education bonds parents and kids from different continents in their new home.

On the drive back home from this Kumon classroom, traffic on a smaller road yields to the traffic on frontage road of Highway 100. Once on the entry ramp, of course, all traffic yields to the incoming traffic traveling south on the highway. Every other week or so, I find myself on this frontage road. It takes me back to my days growing up in India, where as a college-educated, male member of the Hindu majority, I always had privileges naturally bestowed upon me by my very existence. I had the right of way. If there were ever a collision, it would have to have been the fault of a less-privileged driver on the smaller road. A driver who chose to not show enough deference, who did not put brakes on her quest to join the big leagues, who did not fall in line.



As the frontage road becomes the entry ramp, however, soon enough it is my turn to join the main highway. And join it I do, with utmost care, yielding to those already on the highway before me, going fast in their dedicated lanes, at speeds that demand respect. Knowing full well that brash bravado at this juncture could be lethal, I defer to my saner impulses, and safely squeeze into the right lane.

Immigration and assimilation are knotty issues, intimately tied to the sense of identity and to the individual longing for belonging in a larger social milieu. I was always cognizant of my privileged status in India. However, after immigrating to America, I have developed a sharpened understanding of the insecurities people of minority or under-represented groups can feel. As a corollary, I have renewed appreciation of the angst the majority can perceive if they feel their way of life diluted or diminished by the newly-arrived.

Members of the majority in a multi-ethnic, heterogeneous society have to give space and time to folks who do not have the right of way. Exerting hegemony or a brute show of power can only result in conflict. Similarly, when one enters a society as an immigrant, humility would go a long way in joining the big, fast highway. We are completely entitled to celebrate our existing identities, but it is best to ease slowly into our adopted homeland, as we gain speed, assimilate, and weave new colors into the fabric of our evolving identities. However clichéd it may sound, for me life boils down to a few simple tenets: change is certain, peaceful co-existence requires empathy and compromise, and there is no greater truth than live and let live.

- Ajay Rawal, MD



## JUST ME



I am the energy that runs in all living beings and in you.

I keep your heart beating and your lungs breathing even when you are asleep.

I am the instinct in living beings that teaches them how to survive.

Just think of me, Even if you can't see me.

At least try to think of me.

I am the source of breath going from your nose and into your lungs, sending oxygen to your alveoli and then to the erythrocytes.

Feel my gentleness as I escape your bronchi and then your nose.

No one knows me because I cannot be seen but evidence of my presence is all around you.

I am your gut and your instinct. You will get everything right if you trust in me.

So spend some time with me and dwell in me.

Yours Truly

*Editor's note:*

*The above happens when our current prez decides to get in his poetic mode – musings of Dr. Sunil Malkani (1989 joining batch)*



## Dr. Sodhi's Bird's Eye View

*Editor's Note: Each year I ask for contributions. Each year Dr. Sodhi hears my plea without fail , and this year is no different! Each year I faithfully include them in Sandesh without too much 'editing' as in without messing with his writing flavor.*

MAMCOAANA. Chicago 2018

It was a delight to attend a fully sold reunion in Chicago. Vivek and his team did a marvelous job in putting all pieces in the puzzle together to make a beautiful picture. Location, entertainment and cuisine were all great. Bharati and Rohan conducted a great CME. It was wonderful to see dear friends to include Dr. Renu Kapoor Thapar from 1959 batch. It was personally overwhelming to have my dear wife Neena's birthday cake cut on Thursday. Friday night boat cruise could not have been better! Music to include the old timer's anthem Rammaiya vasta vaiyya and to top it all, the "top shelf" bar was awesome. I was in half tears upon being felicitated for my shortcomings. As I said, Jeena yahan, marana yahaan, iss ke sivaa janaa kahaan".

Hope to see you all and many more procrastinators next year! Jai ho!

- Vimal Sodhi, MD



Chicago 2.0 awaits you  
July 25-28, 2019!  
Don't forget!