



32<sup>nd</sup> Edition  
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# इवानवेइहे

*The Voice of MAMCOAANA*

Maulana Azad Medical College Alumni Association of North America



Goodbye  
Minneapolis!



**Executive Committee**

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2016-2017

*President*

Tarang Sharma, MD

*President-Elect*

Vivek Mishra, MD

*Immediate Past President*

Alok Maheshwari, MD

*Past President (2014-2015)*

Randeep Suneja, MD

*Secretary*

Sunil Malkani, MD

*Treasurer*

Bhushan Pandya, MD

*Chairman*

*By-laws Committee*

Ashutosh Gupta, MD

*Continuing Medical Education*

*Chairman*

Bharti Khurana, MD

*Editor*

Tarang Sharma MD

*Webmaster*

Nikhil Goyal, MD

*Members At Large*

Bina Kapila MD, Indranil

Chakraborty MD, Rahul Khosla

MD, Randeep Suneja MD, Ajay

Rawal MD (Courtesy Member at

Large – Dr. Rakesh Nanda)

*Membership Committee*

Vibhor Wadhwa, MD

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## Message From The Immediate Past President 2015-2016

As I sit down to write my immediate past president message for the year, a smorgasbord of wonderful memories engulfs me! These have been exciting times for MAMCOAANA and I am honored to have served as the President this past year. I have been humbled by the support, encouragement and appreciation that I have received from so many friends within our MAMCOAANA family. Thank you!

I look back at the year with immense satisfaction. Thanks to all its members, MAMCOAANA is thriving; and, is stronger and more vibrant than ever. We started the year with a Life-Membership drive and aided by a concerted effort by many of you, we were able to attract a record number of new life members. In keeping with the zeitgeist, we have seen our digital presence take a life of its own! The lively interaction on social media forums like Facebook and WhatsApp has been delightful. True to the MAMC spirit, there have been animated discussions on varied subjects and constant exchange of ideas!



All of you made the Minneapolis convention a huge success! It was exhilarating to see so many of you at Minneapolis this year and we enjoyed every minute of the planning and the convivial gathering. We welcomed a number of first-time attendees and I am sure everyone had a great time, made new friends and reignited old bonds.

Going forward, we have a lot of work ahead of us. Here are some of my thoughts about the unfinished agenda for our organization:

- We need to consider overhauling our website in the near future to keep up with the changing needs. Over the past several years, we have continued to digitize all our documents and databases and it is a great effort in the right direction.
- We do need to continue to push for all MAMC alumni to join our organization and need help from each one of you to accomplish it. Please encourage your friends to sign up under the current Life Membership drive that is available on our website.
- We have work to do with regards to strengthening our association with MAMC. There have been several great initiatives (the guest lecture series, MAMC journal and such) that need to be nurtured and enhanced.
- There are other areas that might be of interest to some and might be worth exploring. One of those is an idea of a mission trip to India/ another part of South Asia with MAMCOAANA physicians. Perhaps our children and youth members could join as well. It could be a life changing experience for our children.

Above all, however, let us not forget that the annual alumni meet remains the lifeblood of our organization and is our *raison d'être*. We must make every effort to have a strong presence at these meetings. All of us can help by attending future events and encouraging others to join in. Let us make a commitment to make Columbus MAMCOAANA Convention our biggest rocking party of the year 2017!

We are in very good hands in the coming year with an excellent Executive Committee under the leadership of our dynamic president, Dr Tarang Sharma. I wish them success and a great year ahead!

Alok Maheshwari. MD

## Message From The President – 2016-2017

I write to you all as the President of MAMCOAANA for 2016-2017. Frankly, as the editor of Sandesh for the past few years, and the random writer of random things on Mamcoaana Digest and Whatsapp and MAMCOAANA Facebook, and, I admit, the tongue-in-cheek remarks from my brain that are forever ready to come out of my mouth, I think most of you who truly follow the goings on of MAMCOAANA need no additional word-footage from me.



I have no lofty personal goals, no great agenda, and no grand plan in mind. I simply want to emphasize that any organization and its executive committee is only in existence because of its membership, and active participation of that membership. So, much as I have this page to myself (and actually the next as you will see!) it is meaningless without **YOU** – the Maulanian – one who is ready to brave the wonderful madness of intermingling with its own kind again despite your responsible and busy personal and professional achievements.

So, take the plunge and join MAMCOAANA as a life member, and join me for the Annual Convention in Columbus, Ohio for 2017. Why become a member, and why go to Columbus of all places? – well well well – watch out, I have lots to say about that in the coming weeks/months, word-footage-extravaganza in the making – stay tuned; and don't worry, your ears won't hurt - I have plenty of people tell me over and over again since MAMC days that I am very in tune, I promise!

Tarang

(PS: Oh, all right – Tarang Sharma, MD. It just felt too formal after writing a most informal welcome 'presidential' address!)



### The Editor's Inky Notes

And this is me too!! – Tarang – what did I tell you in the previous page! See, I deliver on my promises and claims ☺

So, MAMCOAANA 2015 Minneapolis bash is all wrapped up nice and good. Cannot say enough about how well it was organized, and how many new members we got and how many first timers attended this event – all hats off to Alok Maheshwari (1987 entry batch) and Ajay Rawal (1989 entry batch) and their lovely spouses Avanti and Shivani respectively and our wonderful CME chair Bharti Khurana (1989 entry batch). Turn the 'pages' on this Sandesh to get your dose of pictures of the get together, write-ups, and plans for the coming year!

This is your magazine, articles are always welcome, send them my way anytime at [drtarang@gmail.com](mailto:drtarang@gmail.com) and they will get incorporated in magazines to come. I will get an encouragement boost too – that I am not just doing all this by myself!

- Tarang Sharma, MD



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### ***LIFE MEMBERSHIP DRIVE!!***

**Launched In August 2016, Till December 31<sup>st</sup> 2015**

**50% Discount On All Life Membership Rates**

**All Life Membership Money Goes To Help Your Ever Younger  
Colleagues!**

**Brought Back This Year After a Smashing Success in 2015**

**Give To Your Alumni!**

## MINUTES OF GBM MAMCOAANA 2016 ANNUAL CONVENTION

Location: Hilton Minneapolis, Minneapolis, MD

Time: 12.30pm, July 23, 2016

Attended by all MAMC alumni at MAMCOAANA Convention 2016

Called to order by Dr. Alok Maheshwari, President 2015-2016.

Approval of minutes of GBM 2015 sought – motion by Dr. Randeep Suneja, seconded by Dr. Ashutosh Gupta, unanimously approved.

Financial Update presented by Dr. Bhushan Pandya (and Dr. Ashutosh Gupta)

Merril Lynch Account (Parent account) – balance as of 06/30/2016 – \$218,435.00

ANB account (Active, current account) – balance to date – \$10,418.33

Convention account 2016 – \$49,865.08

2015 Update by Dr. Alok Maheshwari consisted of –

Re-emphasis on updated bylaws, accomplished 2014-2015-2016.

Informed the new attendees about the updated logo and new slogan for MAMCOAANA, outlined more in detail in the GBM 2015 minutes

Highlighted the new life memberships obtained in the year 2015-2016 during life membership drive. More than 50 new life members enrolled in this year. The general body commended him unanimously for his leadership and resourcefulness. New members were welcomed. The life membership fee of more than \$10,000 dollars received will reflected in the tax returns of the organization.

Dr. Alok Maheshwari proposed another life membership drive for the year 2016-2017, seconded by Dr. Bhushan Pandya and passed unanimously.

Special mention was made for Dr. Sanjiv Jain who generously matched up to \$5000.00 for life members enrolled in 2015-2016 life - membership drive.

Dr. Renu Thapar raised the question about the seeming discouraging pattern of convention organizers dropping out of active participation after their 'turn' at organizing the convention is over. Dr. Maheshwari acknowledged the concern and reiterated that such pattern from his perspective is already being remedied. He has digitized the handover process this year and will be actively involved with the incoming president and host in MAMCOAANA EC activities as well as tips on convention organization.

## New Officers for 2016-2017

President – Dr. Tarang Sharma

Immediate Past President – Dr. Alok Maheshwari

President Elect – Dr. Vivek Mishra

Secretary – Dr. Sunil Malkani

Treasurer – Dr. Bhushan Pandya

Chairman, By-laws – Dr. Ashutosh Gupta

Members at large – Drs. Ajay Rawal, Rahul Khosla, Indranil Chakraborty, Bina Kapila, Randeep Suneja (Further, Dr. Rakesh Nanda had been unanimously elected as permanent EC member for life in 2012, and completes the list for members at large as a courtesy)

CME chair – Dr. Bharti Khurana

Membership Committee – Dr. Vibhor Wadhwa

An additional suggestion was made to consider a small financial subcommittee/board of trustees for financial guidance/policies, to be nominated by the president. This will be further explored by the EC in the year 2016-2017.

Dr. Ashutosh Gupta made the motion to add Dr. Ajay Goel to the Merrill Lynch account alongside Dr. Ashutosh Gupta, seconded by Dr. Bhushan Pandya and unanimously approved by the general body.

The general body suggested consideration of uploading CME slides to the MAMCOAANA website. The EC explained that this has been brought up and explored in the past, but as of now with limited functionality of the website this has not been completed. Future updates to the website software are in consideration from time to time.

Site for 2017 MAMCOAANA – Columbus, OH, July 2017. The exact date to be decided within the next 3mths.

Proposed invitation to LHMC grads in USA as guests of MAMCOAANA. They may hold their own GBM, but otherwise would register as guests and participate in MAMCOAANA activities as decided by MAMCOAANA. GBM agrees to continue this for 2017.

The meeting was adjourned at 1.30 pm.



## Welcome from the CME Chair

Dear Friends,

Welcome to the 32nd Annual Convention of MAMCOAANA taking place on July 21 - 24 2016, in Minneapolis, Minnesota. This conference is accredited by the University of Arizona College of Medicine - Tucson to provide 8 hours of CME. The objective of this meeting is to present advances in the field of medicine and encourage physicians to apply new knowledge and strategies that will improve patient outcome by discussing new trends and treatments. With this in mind, we have invited a fantastic group of speakers to share their expertise and knowledge with us. The meeting will also provide a good platform for exchange of ideas and foster ties with our alma mater. We are honored to have the esteemed MAMC Dean, Dr Deepak Tempe delivering a keynote address on "MAMC: The Way Forward" that would include current education and research opportunities at MAMC with recent contributions and future collaboration with MAMCOAANA.



This year, for the first time we issued a call for the scientific abstracts to be considered for poster presentations during the convention. "MAMCOAANA 2016" received an immensely positive response from its passionate members. Six abstracts were accepted for this year's convention. Also new this year, we have a CME session from LHMC alumni speakers to strengthen our ties.

I would like to thank our President, Dr. Alok Maheshwari and his lovely wife, Dr. Avanti Maheshwari as well as the executive and convention committee members for planning a fabulous convention for us. With a plethora of offerings, I encourage you to join us in Minneapolis!

Best Wishes,

Bharti Khurana, MD (CME Chair)

## POSTER PRESENTATIONS

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“Clinical features and management of non-HIV related lipodystrophy in children: a systematic review”

*Dr. Nidhi Gupta*

“Combined association of body mass index and serum creatinine with cause of death in elderly patients undergoing percutaneous coronary intervention”

*Dr. Kashish Goel*

“Prevalence, Risk Factors and Outcomes of Irritable Bowel Syndrome after Infectious Enteritis: A Systematic Review and Meta-analysis”

*Dr. Madhusudan Grover*

“Incidental findings in asymptomatic Paget’s disease: When do we need to treat”

*Dr. Shraddha Jatwani*

“Recurrent Thrombotic Thrombocytopenic Purpura in Systemic Lupus Erythematosus: A Rare Coincidence”

*Dr. Shraddha Jatwani*

“Clinical Correlates, Outcomes and Predictors of Episcleritis and Scleritis associated with Rheumatoid Arthritis”

*Dr. Ashima Makol*

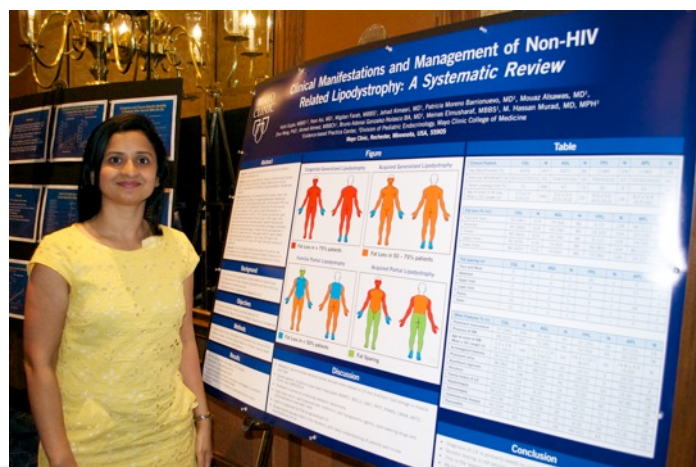
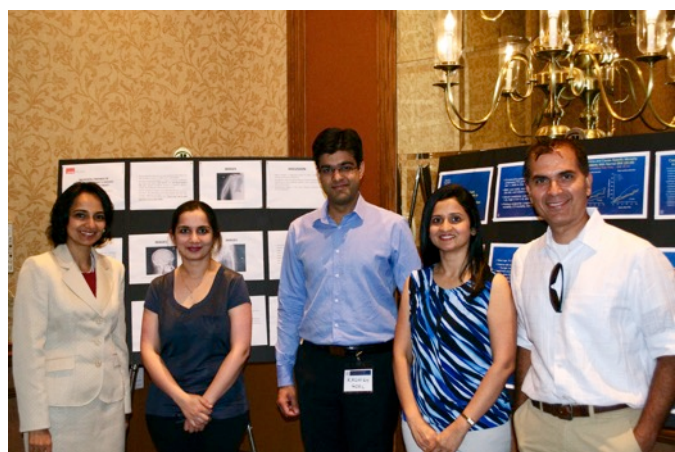
## MAMCOAANA 2016 In Pictures: Arrivals

*Editors Note: Every year I get help from the convention host/president when it comes to collecting and compiling pictures for the event. So this time I received help from Dr. Alok Maheshwari. That said, I must add that aside from the professional photographer that was present, the fun, candid, spontaneous shots were taken by two great shutter-sharps this year – Dr. Ajay Rawal and Dr. Sunil Malkani.*





## MAMCOAANA 2016 In Pictures: Poster Presentation





**MAMCOAANA 2016 In Pictures: Minneapolis Bhraman**









**MAMCOAANA Bachcha Brigade!!!**





Baar baar dekho hazaar baar dekho ye dekhne ki cheez hai hamara dilruba!!!!



Na jaane kahan se aayi hai na jaane kahan ko jaayegi ye ladki....







## MAMCOAANA 2016 In Pictures: Looking Sharp





**MAMCOAANA 2016 In Pictures: Dancing Sharp!**



### Dr. Sodhi's Bird's Eye View

*Editor's Note: Each year I ask for contributions. Each year Dr. Sodhi hears my plea without fail even if no one else does and sends me his observations. Each year I faithfully include them in Sandesh without too much 'editing' as in without messing with his writing flavor.*

MAMCOAANA. Minneapolis 2016

Got to Hilton Minneapolis on 21st Thursday. Great choice for location and facilities. Evening spent by ice breaker social interactions and delightful songs. Madam Dean, Dr. Anjali Tempe started with beautiful songs from recent past. Then great singing by Mallika and Bhushan Pandya. Nice relaxing time. Good nights at 11pm or so.

CME morning Saturday and Sunday. Good thought provoking talks on Physician stress and general life style to enhance oneself. A new diagnosis of PMCD was proposed for a condition which is not so new! Post marital cognitive dysfunction is a predominantly male disorder which is simple to diagnose but very hard to treat. The disease appears to be related to a usually low grade infection with female vector and can have variable incubation period. The diagnosis is fairly easy if one is aware of the disorder. Eminent Shrinks like Dr. Jagdish Dang are working on some attempts to mitigate the symptoms of illness. The patient does not die from the disease but fades away with the seemingly incurable malady. Some suggested remedies include singing, walking, drinking any 18 year old daaru and attending MAMCOAANA rehab sessions, offered yearly on last Thursday in July. Next therapy session to be at Columbus, Ohio under supervision of Tarang.

Saturday included a tour around beautiful Minneapolis to include drive around Ole Mississippi river and the historic Downtown. Special mention and thanks for Dr. Deepak and Dr. Anjali Tempe, the First Family of Maulana Azad. Deepak shared with us the vision and future shape of MAMC and Associated Hospitals! Awesome presentation. Faantastic cultural program on Saturday night and freelance dancing into beyond mid night! A great hospitality provided by Alok, Avanti, Ajay and Shivani.

This is about the best I can come up with right now! I do have a diagnosis of Moderately severe PMCD. So, so long----- See you all in Columbus 2017.

- Vimal Sodhi, MD





