



30<sup>th</sup> Edition  
September 2014

# इमानवेदइहे

*The Voice of MAMCOAANA*

Maulana Azad Medical College Alumni Association of North America



*VIVA MAMCOAANA! HAIL THE PREZ!*

*TORONTO DA JAWAB NAHIN!*

## Executive Committee

### 2014-2015

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Randeep Suneja, MD

#### *President-Elect*

Tarang Sharma, MD

#### *Immediate Past President*

Bharat Bhushan Kalra, MD

#### *Past President (2012-2013)*

Inderpal Chhabra, MD

#### *Secretary*

Alok Maheshwari, MD

#### *Treasurer*

Bhushan Pandya, MD

#### *Chairman*

#### *By-laws Committee*

Ashutosh Gupta, MD

#### *Continuing Medical Education*

#### *Chairman*

Dinesh Choudhry, MD

#### *Chair – Elect (2015-2018)*

Bupesh Kaul, MD

#### *Editor*

Tarang Sharma MD

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Vikas Khurana MD, Ravinder Malik MD, Vivek Mishra MD, Rakesh Nanda MD, Vimal Sodhi MD, Renu Thapar MD

#### *AAPL Liaisons*

President and/or his designee

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### **Message From The President – 2013-2014**

As I prepare to close out my Presidency of the Association, I wanted to send out thank you for your support and guidance. It has been a great honor to have had the opportunity to organize the MAMCOAANA convention for 2014. I thank the executive committee members for your assistance, guidance, and friendship. Thanks to Dr. Dinesh Choudhry for his commitment and diligence in organizing an excellent CME. Thank You Dr. Ashutosh Gupta, Dr. Bhushan Pandaya for your input. Thanks Dr. Nikhil Goyal for your IT help.



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My thanks to all our sponsors for their support

Thanks to my wife Anu and my family for all their help and support.

I had hoped for the convention to be a fun filled, entertaining, bonding, weekend for all the attendees and families. I think I can say I saw it to fruition in terms of the feedback we have received from everyone. Thank you all for coming and as they say it is the "People who make the party".

MAMCOAANA is a strong organization with deep roots and even deeper commitment from its members. It was a proud day for us to have the Dean of MAMC, Dr Deepak Tempe, and his wife, Dr. Anjali Tempe, attend the conference.

The hard work to take the organization to greater heights has begun. We need to spread the word for MAMC alumni to be members.

We welcome to Dr Harpreet Bajaj to the MAMCOAANA family on joining as Life Member.

I would like to take this opportunity to welcome Dr. Randeep Suneja and Seema Suneja as the hosts for 2015 in Houston. History repeats itself and so we look forward to another great convention in 2015! We also welcome our secretary Dr. Alok Maheshwari.

In closing, my humble thanks to MAMCOAANA for giving me this opportunity to organize the Convention.

Thank you.

Warm Regards,

Dr. Bharat B Kalra

President  
MAMCOAANA 2014

## **Message From The President – 2014-2015**

The 30<sup>th</sup> MAMCOAANA Convention was held in beautiful Toronto at the Downtown Marriot Eaton Centre (Center) from July 24 to July 27, 2014. Dr. Bharat Kalra and Anu Kalra organized the BEST MAMCOAANA so far. Not only were the food and entertainment world class, but the love and warmth that the Kalra family shared with us all was the true highlight of the convention.

Dr. Dinesh Choudhry, the CME Chair, did a fantastic job putting together a CME that was a great learning experience.

We all were fortunate to have the Dean of MAMC, Dr. Deepak Tempe & his wife, Dr. Anjali Tempe attend the convention. History was created and a new milestone was established, as this was the first MAMCOAANA convention in which the Dean attended the meeting. We had an excellent brainstorming session with Dr. Tempe. I truly believe this is a turning point for our organization as this will lead to a stronger and mutually beneficial relationship between MAMCOANNA & MAMC.



I would like to take the opportunity to now welcome and congratulate the President-elect 2014-2015, Dr. Tarang Sharma who has done a superb job as Secretary for many years. We look forward to her leadership as the President in the future. In addition to Dr. Sharma, we have an extremely dynamic team of leaders, which include Dr. Ashutosh Gupta, Dr. Bhushan Pandey, Dr. Vikas Khurana, Dr. Alok Maheshwari, Dr. Bharat Kalra, Dr. Bhupesh Kaul, Dr. Nikhil Goyal and Dr. Dinesh Choudhry. They all have been working tirelessly and I want to thank each one of them and all the other members who are contributing in their own way for MAMCOAANA.

As we embark on this new journey with stronger and better ties with our Alma mater, I want all of you to start preparing for our next MAMCOAANA Convention to be held in Houston, Texas from July 23 to July 26, 2015. We would love you all to land “Your Eagle” in the Space City next year.

With wonderful memories of MAMCOAANA Reunions over the years, and many more to be created,

Love,

Randeep Suneja, MD, FACC, FSCAI, FASNC, FACP, FCCP

*Ed Note: Randeep specifically requested that this picture be used – as is obvious, his contribution and hopes would truly be dashed without his better half, dear Seema Suneja to help him – so, I, as the kind editor I am, obliged ☺*



## The Editor's Inky Notes

Aaaaand.....here is another successful year of MAMCOAANA complete with another Sandesh!

I cannot even begin to describe the fun I had attending the reunion and then compiling everything together – double maza! It sure has lengthened my telomeres – Dr. Malik, are you reading this? For those of you who cannot see the seriousness of this joke, I invite you to attend future MAMCOAANA reunions to stay in the loop of things that truly matter in your life – laughter, collegiality, relaxation and masti. Oh, I know we all have the MAMC DNA (as Bupesh Kaul so eloquently likes to say), and we cannot help but compete, but we are also smart, enlightened people who know that hearty friends and friendships are simply priceless – the true fountain of youth and youthfulness.

Read on, and get back the tender loving feeling you had in your yesteryears for your college and/or your college mates!

- Tarang Sharma, MD



## CME 2014

CME activity in Toronto went well! By and large the topics were of common interest and participation was lively. My thanks to the audience, specially to those who sacrificed their morning hour of sleep and were able to make it on time. My special thanks to all the speakers who came forward and made excellent presentations. It was truly an international meet with speakers from India, Australia, Canada and the United States. Academic meetings, I believe, are only as good as the knowledge, interest and enthusiasm of its participants - speakers and audience both. MAMCOAANA CME activity gives us the opportunity to learn about advances in medical specialties other than our own. I look forward to a greater maulanian participation in the coming years. Only you all can make it better.



Nonetheless, keep working on elongating your telomere!! See you all next year!

## Minutes of GBM MAMCOAANA July 26<sup>th</sup> , 2014

Location: Toronto Downtown Marriott Eaton Centre (Center)

Time: 12.30 PM, July 26, 2014

Attendees: signed and scanned

Called to order by Dr. Bharat Kalra

1. Approval of minutes of GBM 2013 sought – seconded by Dr. Suneja and Dr. Sodhi. Unanimously approved
2. Financial Update provided by Dr. Bhushan Pandya and Dr. Ashutosh Gupta
  - Merrill Lynch Account (Parent account) – balance as of 07/2014 - \$219,974.32; out of which about \$152,000 invested in CDs, bonds and other fixed income investments; and \$67,000 as liquid cash
  - ANB account (Active, current account) – balance as of 07/23/2014 - \$ 11,690 out of which \$5758 paid for convention
  - Convention account 2014 – current has \$2441.00

Final on convention account 2014 and ANB account after closure of convention business for 2014.

Also, Dr. Gupta clarified that the parent account funds are used to subsidize the yearly convention, as well as pay the credential representative of MAMCOAANA in India. It may not be used for investing in AMA (a question raised by Dr. Renu Thapar). Dr. Rajiv Malik further suggested that voluntary donations to parent account are valid, Dr. Gupta agreed and clarified that as well.

3. Dr. Bharat Kalra announced that one new life member has been added to MAMCOAANA in the year 2013-2014 – Dr. Harpreet Bajaj. He was welcomed to the MAMCOAANA family.
4. Dr. Ashutosh Gupta proposes that current president and 2 immediate past presidents form nomination committee for future office holders. Seconded by Dr. Suneja. Unanimously passed.
5. Dr. Dinesh Choudhry suggested that 5yr term as CME Chair be shortened. Dr. Khurana then moved the motion that CME Chair be elected for a period of 3yrs, and a separate CME Chair Elect post be created to come especially into play in the final year of office of the current CME Chair for smooth transitions and hand off. Seconded by Dr. Sodhi, unanimously approved.
6. Dr. Ajay Goel moved the motion that Drs. Ashutosh Gupta and Bhushan Pandya continue as lifetime position holders of Chairman By-Laws and Treasurer respectively unless they choose to step down or mentor another person to step in. Seconded by Dr. Ravinder Malik and passed unanimously. It was further clarified that this was proposed and passed mainly to allow ease of continuity and a firm anchor to MAMCOAANA operations.

## 7. New Officers for 2014-2015

- President – Dr. Randeep Suneja
- Immediate Past President – Dr. Bharat Bhushan Kalra
- President Elect – Dr. Tarang Sharma (nominated by Dr. Pandya, seconded by Drs. Kaul and Suneja, approved)
- Secretary – Dr. Alok Maheshwari (nominated by Dr. Gupta, seconded by Dr. Suneja)
- Treasurer – Dr. Bhushan Pandya
- CME Chair – Dr. Dinesh Choudhry
- CME Chair Elect – Dr. Bupesh Kaul (2015-2018)
- Chairman, By-laws – Dr. Ashutosh Gupta
- Members at large – Drs. Vivek Mishra, Renu Thapar, Vikas Khurana, Ravinder Malik, Vimal Sodhi
- AAPI Liasion – President or his designee

Dr. Vivek Mishra's name as member at large was proposed by Dr. Alok Maheshwari in his absence, on his behalf. Objection was raised to him being proposed as office bearer even though he was not an attendee at the meeting. Dr. Maheshwari clarified on his behalf that his absence not be taken as a lack of interest, but as circumstantial. Motion proposed by Dr. Suneja to include Dr. Mishra as member at large – opposed by 2 votes, passed with easy majority.

Mention was made of the absence of Dr. Pathak in CME activities.

## 8. MAMCOAANA and AAPI were discussed.

- Dr. Kalra commented on not being able to go to the national AAPI meeting as a Canadian citizen. Dr. Bhushan Pandya clarified that MAMCOAANA is a charter member of AAPI and can have representation in the governing body of AAPI. Since MAMCOAANA is an organization inclusive of MAMC alumnus of North America, and AAPI is exclusive to United States, a non US resident presence from MAMCOAANA would not be disallowed, but voting rights for AAPI would not be allowed based on AAPI's rules and by-laws. Dr. Suneja added that presence of a MAMCOAANA representative of the president who could have voting rights in AAPI would be beneficial; therefore for 2014 he did represent MAMCOAANA as a voting member in AAPI.
- Dr. Khurana was recognized for his tenure as national AAPI treasurer.
- The GBM was notified that Dr. Bhushan Pandya is running for AAPI treasurer – Dr. Khurana move the motion, seconded by Dr. Suneja and unanimously endorsed (exclusive of Dr. Pandya). Dr. Khurana further clarified that official letter of support be sent by MAMCOAANA to this effect to AAPI

9. Dr. Pandya proposed that the GBM allow him permission to explore the possibility of a combined convention of the medical colleges of New Delhi. The concept in writing was read off to the GBM (attached with the minutes). Dr. Suneja seconded the proposal, and it was unanimously approved.
10. Dr. Maheshwari requested permission to explore and implement educational and interactive opportunities with MAMC, through its current Dean, Dr. Deepak Tempe – unanimously approved to proceed by the general body.
11. Dr. Bharat Kalra was universally praised, appreciated and thanked for his leadership and generous hosting of 2014 convention by all.
12. Convention 2015 – Houston, TX. Tentative dates July 23<sup>rd</sup> to 26<sup>th</sup>. Organizer – Dr. Randeep Suneja (&Mrs. Seema Suneja)

GBM 7-26-2014 12:30 PM	
Name	Signature
A LOK MAHESHWARI	Am
Bhushan Pandya	Bhushan
AJAY KUMAR	Ajay
Ravinder Malik	Ravinder
Rajeev MALIK.	Rajeev
VIKAS KHURANA	Vikas
VINOD SHARMA	Vinod
Bharti Khurana	Bharti
Raj. Manoj m.	R. Manoj
TARANG SHARMA	Tarang

GBM 27/7/14 Mon 5 PM 12:30 PM	
Name	Signature
VISHU KUMAR KUMAR	Vishu
Poojash Thakur	Poojash
BUPESH KUMAR, M.D.	Bupesh
Surender Rastogi	Surender
Mangul Datta O'Connor	Mangul
Randeep Suneja	Randeep
Vimal Sodhi	Vimal
Ravinderpal Singh Ohlan	Ravinderpal
Leena K THAPAR	Leena
Veena Gode	Veena
BINA KAPILA	Bina



## MAMC Dean Attends MAMCOAANA 2014

For the last several years we have had the good fortune of working with the Dean of Maulana Azad Medical College (MAMC) on various projects. MAMCOAANA leadership has met with them from time to time and developed a great working relationship with them. In turn, MAMCOAANA members and its leadership have always cherished the fond hope of being able to host the Dean in one of the conventions.

Each year, our previous Dean, Dr. Agarwal tried to join us for our annual convention but was unable to do so. Dr. Deepak Tempe was appointed Dean of MAMC about 18 months ago. We were blessed with his presence along with his wife Dr. Anjali Tempe, Professor OBGyn at the Annual Convention of MAMCOAANA in Toronto in July 2014. This is the first time a sitting Dean has attended a MAMCOAANA convention. Drs. Tempe joined MAMC graduates from North America for a reception on Thursday evening. They personally connected with each person and Dr. Anjali Tempe treated us with two beautiful songs. On Friday morning, Dr. Tempe gave a CME presentation. The session was followed by a Town Hall format of conversation between the Dean and the MAMCOAANA graduates. The Dean made a commitment to support the MAMC graduates abroad in any way his scope and law would permit. He announced the publication of a MAMC Journal and invited articles, research papers, case reports etc for that. The attendees expressed their wish to give back to their Alma mater and offered an educational exchange option that will be developed in a proposal and presented to the Dean.

We have a beginning of a great relationship with our Medical College and its Dean and look forward to the initiation and fruition of many projects together.

- Bhushan Pandya, MD



## MAMCOAANA 2014 In Pictures









## First Impressions

### **They came... they saw... they conquered**

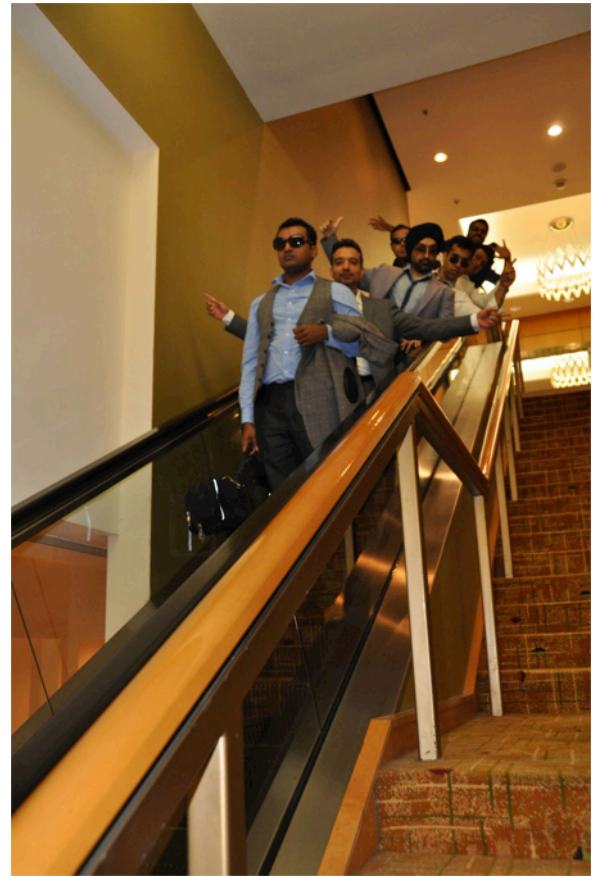
Me and a bunch of '95 and '97 MAMC batchmates, the CleMinTorianians as we like to call ourselves (stands for Cleveland, Minneapolis and Toronto), had our first blush with MAMCOAANA this July.

Akin to the memorable MAMC college festivals, MAMCOAANA annual event came across as a great place to show off our talents, make new friends and learn at the same time. The only difference now was our thirty-something years of life experience behind us! But, I am sure most people who saw us would agree that we did not act the age one bit that eventful Gala night... when we took upon ourselves to celebrate an overdue prom graduation night – we never had one at MAMC! Entrusting our kids in the safety of grandparents, we drove to the Gala in a stretch limo - dressed in tuxedos and fairytale dresses - to make a



ROCKSTARish entry to the stage. It did not matter that only one of us - Himanshu Agrawal - could sing, because we all yelled and screamed our way to the “pyaar hamein kis mor”... drank away to glory... set the dance floor ablaze to the tune of “No, no, no, maine pee nahin hai; pila di gayi hai”... and hopefully pumped in some eccentric, youthful energy to the Gala event and our own mundanish lives!





The after-party at the Bajaj residence that evening, was even crazier - continuing on until the wee hours the next morning , matching how VOPE dance nights used to be at MAMC college festivals (VOPE stands for Vision Of Paranoid Eyes- yes that's what the party nights were called in our college time)!

### **They signed-up... they were educated... they were conquered**

Most of us had no idea what to expect from MAMCOAANA, and frankly, had heard some not so encouraging rumors. Those rumors proved to be just that, as we were welcomed whole-heartedly by the alumnus veterans (and I do not mean by age) and were bedazzled at the

organizational skills of Anu and Bharat Kalra – with flawless attention-to-detail in hosting such a mammoth MAMCOAANA annual function. I was amazed at the breadth of the CME agenda (chaired by Dr. Dinesh Choudhry) with presentations from top-notch, internal speakers – all gurus in their own fields of specialization. I had a lot of fun and learnt a lot in return from presenting and answering

questions related to my chosen CME topic of “South-Asian diabetes”. The highlight of the CME morning for me was the discussion session with our current MAMC dean, Dr. Deepak Tempe – when a realization dawned upon me that this alumni association’s members have such genuine passion to give back to our beloved college in Delhi! The stellar camaraderie among the MAMCOAANians was worth watching and replicating. It was an absolute pleasure to observe MAMCOAANA physicians’ children intermingling and making friends, which should help these kids grow up in the right peer-mix. One BIG reason to participate in future MAMCOAANA events, that dwarfs everything else listed above, is to see my kids imbibe some of our MAMC-life learnings through belonging to this great alumni association!

Until next time,

Harpreet Bajaj, Endocrinologist, Toronto, Canada

(On behalf of the CleMinTor group of friends)

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*Azad college hamara sub collegon se pyara  
Hum bulbulain hain iski ye gulsitan hamara*

*Jitni bhi buildinge thi collegon be bant lee hain  
District jail main hai ab ashian Hamara  
Azad college Hamara.*

*- Lots of love  
Renu*

*Ed Note: As a relatively younger presence in MAMCOAANA, I found it extremely enlightening and outright heartwarming to hear the story behind the evolution of the college and its premises from the personal experiences of our very own considerably more experienced Maulanians. It is one thing to know a fact – it is another thing to have it narrated as a personal experience by our very own Dr. Thapar. I cannot describe in words how entertaining it was to imagine her and her friends as 20 somethings picketing and singing parodies about the college campus in front of their teachers and superiors with hope in their eyes and earnestness in their faces!!!!*



## The Maulanians Fashion Show 2014 – Here We Come!!!









**Bird's Eye View of MAMCOAANA 30yrs Celebration in Toronto**

Ek baras beet gayaa!  
Kae baras beet gaye  
30 baras beet gaye  
MAMCOAANA abhi bhee Jawaan hai

A very happy anniversary to MAMCOAANA ! Thirty years land mark.

With all the changes in the world and new millennium , this group continues to move on.

Another outstanding event organized by Bharat and Anu Kalra across the Northern Border in Toronto.

Great fellowship and rejuvenation provided by this event. We were blessed to have the company of The Deans, Dr . Deepak and Anjali Tempe from Delhi for entire three days. This will lead to great things on horizon to be organized by MAMC and MAMCOAANA .

The highlight was to see attendance and participation by youngsters like Dr. Harpreet Bajaj of Toronto and his buddies from Cleveland to come into the fold.

Toronto is a great city. Bharat and Anu Kalra spared nothing to give us the best this city has to offer! Everything from Thursday night onward was extremely well thought of and taken care of.

Kudos to our mentors like Renu, Raj, Ashutosh and all those who are the core representatives of the spirit of this organization .

Salutes and mega welcome to the coming leaders to include Randeep, Tarang and Alok as they move this ship forward .

Hope to see you all and many more in Houston in 2015 . So long till then.

Acche Din Aane Waale Hain!

Eternally optimistic

Vimal Sodhi

***HOUSTON!!!***

***HERE COMES MAMCOAANA 2015!!!!***

