



MAMCOAANA Newsletter

Maulana Azad Medical College Alumni Association of North America



President: Bina Kapila, M.D.

Editor: Jagdish Dang, M.D.

Sec: Inder Jit Saini, M.D.

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THIRD MAMCOAANA REUNION IS A SMASHING SUCCESS



1971 BATCH AT THE 1987 REUNION

SEVEN SPRINGS, PA. August 6-9, 1987.- From all accounts, from every corner, every single attendee said unanimously, "THIS IS THE BEST". They were talking about the four day, three night extravaganza at Seven Springs Mountain Resorts in Champion, Pennsylvania. More than a hundred Maulana Azad families had gathered there for their third Reunion. They were overwhelmed. They had fun. Five hundred Maulana Azadians, men, women and children—walking the sprawling lawns of Seven Springs, in the backdrop of beautiful mountains, meeting in the corridors,

greeting each other in the restaurants, going to the Ski Lodge for the Indian Dinner all dressed up in Saris and Kurta Pajamas, having debate and arguments and lectures, coffee, danish in the meeting rooms, singing and listening to the melodious songs and on and on. Some said it could never be topped; others felt it would be better and better every year.

A lot of work went into the planning of 1987 Reunion. The organizer, R.D. Kapoor and the travel agent, Barbara Glassman, along with the President Jagdish Dang and Secretary Bina Kapila worked together, oversaw

the arrangements, the meetings, the food, the service, the room arrangements, CME, the Temple visits, the Teen Disco, the entertainment programs, the card games and on and on. By all accounts, all the hard work was worth it. The Reunion'87 was a total success.

LONDON, HERE WE COME

We invite our Maulana Azadian friends from Europe to get in touch with us, to be on our mailing list, to print news about them in our Newsletter, to become our member. Maybe you can plan your next vacation accordingly and join us on our colorful (sorry, colourful) Reunion. You can send other Maulana Azadians a copy of our Newsletter and encourage them to do the same. You can have your own mini-meetings, and then, maybe some of us can join you there.

MAMCOAANA REUNIONS

Year	Site	Attending	Organizer
1985	Mount Airy Lodge, PA	35 Families	Jagdish Dang
1986	Interlaken Resorts, WI	70 Families	Pramod Anand
1987	Seven Springs, PA	105 Families	R.D. Kapoor
1988	Ocean City, MD	????	Surinder Arora

MAMCOAANA Executive Committee 1987-88

President:	Bina Kapila, M.D.	(201) 763-5874
Vice President:	R.D. Kapoor, M.D.	(412) 487-6435
Secretary/Treasurer:	Inder Jit Saini, M.D.	(313) 978-7805
Past President:	Jagdish Dang, M.D.	
Two Year Members:	Praveen Malhotra, M.D.	(419) 224-3740
	Mohinder Chadha, M.D.	(517) 265-7719
One Year Members:	Arun Ummat, M.D.	(502) 245-6843
	Raj Gupta, M.D.	(313) 855-9609
Editor/Newsletter:	Jagdish C. Dang, M.D.	(201) 227-3914
	4 Arthur Place, Montville, N.J. 07045	
1988 Reunion:	Surinder Arora, M.D.	(301) 983-9487
Membership Committee:		
Chairperson:	Bina Kapila, M.D.	
New York Area:	Vijay Jain, M.D.	(716) 381-1819
New England Area:	P.L. Puri, M.D.	(413) 596-9538
Midwest Area:	Ashutosh Gupta, M.D.	(312) 850-9779
West:	Harsh Saigal, M.D.	(209) 299-8425
South:	Renu Thaper, M.D.	(713) 669-1507
C.M.E. Committee:	Rajinder Kapila, M.D.	
	R.D. Kapoor, M.D.	
Liason with Maulana Azad:	Balak Ram Verma, M.D.	(313) 851-0031
	Virendra Bisla, M.D.	(312) 957-2146
	Praveen Malhotra, M.D.	(419) 224-3740



MEET YOUR PRESIDENT

BINA KAPILA, M.D. (BINA SEHGAL) was elected the President of MAMCOAANA in a colorful ceremony during the 1987 Reunion in Seven Springs, PA. She has been an active member and Secretary/Treasurer of the Association since its inception in 1985. She started the arduous task of compiling the membership lists, and collecting dues and recruiting members. She is a source of encouragement to all our members, with her broad smile and friendliest manner.

Kapila is so enthusiastic about our 1988 Reunion that she personally visited and examined the site in Ocean City, MD. She invites all of you to join her and other Mamcoaanians in making our next meeting a success. Bina is a Maulana Azad graduate of 1964 and is married to another 1964 graduate Rajinder Kapila, M.D. who himself is very active with MAMCOAANA, is director of CME programs and is a driving force in the day to day functioning of our Association.

Bina has a private practice in Pediatrics and Rajinder is Professor of Infectious Diseases with New Jersey University of Medicine and Dentistry.

Please pay your dues.

THE SEVEN SPRINGS

The Mountain Resorts in Pennsylvania, the site of 1987 Reunion was almost perfect for the purpose of our meeting. The facilities were ideal and the service was exemplary. Barbara Mowry, the group sales agent of the Seven Springs and coordinator of our meeting was sent a large plaque by MAMCOAANA for the excellence in their arrangements.

WE NEED VOLUNTEERS

The response from the junior batches was great and some new members were recruited to take executive positions and manage future Reunions. More the Merrier. You will have more fun if you volunteer your services in any aspect of management of MAMCOAANA, arranging Reunion, helping in CME, conducting of business, helping in membership drive, or compiling the Newsletter.

THE GUEST SPEAKER WHO WAS NOT TO BE

If you saw the brochure of MAMCOAANA Reunion 1987 you noticed the guest speaker was going to be Padamshri Prem Kakar, Medical superintendent of L.N.J.P. Hospital, Professor of E.N.T. at Maulana Azad and Honorary Surgeon to the President of India. However, he could not make it to the Reunion and sent a letter regretting that. Maybe we can have him or another chief guest of his stature from India at Ocean City, MD in 1988.

CARD SHARKS

The President's suite was open every night for the players of flash. And they played all night. Big games, small games. They won. Some lost too? No kidding? What a feeling? What a comradeship. What an insomnia.

THE BUS TRIP

Everybody enjoyed the bus trip to the temples. The itinerary had an RD Kapoor stamp all over it. Everything went smoothly. And we met Professor Lahiri at the Jain Temple. Was that planned too?

The ride itself became a musical knockout when the front seat passengers started Antakshri with the back benchers. The tempo kept building on. The noise kept going up. The competition became so fierce, the songs became so scarce. The grown ups started acting like the eight and the ten year olds. They were yelling; they were screaming. The language became colorful—Hindi and Punjabi colors. The picnic atmosphere got heightened. And then the words. And... they got stuck with the letter 'F.' The Front Fiercely Fought. The Fools Failed. The Fantastic Fun Filled Fanfare ended when the bus reached the temple. "Who won?" You ask. The answer: EVERYBODY. Next time, be there.

ENTERTAINMENT GALORE

The two nights of entertainment organized at the Third Reunion by Dr. R.D. Kapoor was superb. The professional singing—unbroken string of melodies—the non-stop jokes, the memories of Maulana Azad, the dancing, everything just blended in the character of MAMCOAANA tradition. Bela Sood, Mohinder Chadha, K.K. Sethi, Renu Thaper (Renu Kapoor), Kapilas, Vikrams, K. Amarjeet Singh and family and you all participated.

MAMCOAANIAN IN THE NEWS

R.D. Kapoor, M.D. has been appointed chairman of Department of Medicine, North Hills Passavant Hospital, Pittsburgh, PA as of January 1, 1988. Congratulations, R.D.

THE EDITOR WILL THANK YOU IF...

1. You don't sit quiet. Call him and give him suggestions. Write to him. A sort of a love note. Communication. Information—Good, Bad, Indifferent—anything that he can use in his next Newsletter. He can manufacture just so much. The rest has to come from you.
2. Give news about you and your friends.
3. Did you pass the Boards? And he didn't? WOW. Get free publicity in your own Newsletter.
4. Did a Maulana Azadian have a baby?
5. Were you invited for some special lecture? Were you given an Award? Were you nominated for it? Did you make your second million yet?
6. Do you have an opinion about our third Reunion, about the Newsletter, about Miss America? Come on, every Indian has an opinion. About everything.
7. Get some advertisements for our next Newsletter. Drug companies, your friendly salesman, stores, accountants, lawyers, financial planners. Your own ad. You must be sending contributions to the neighborhood's journal ad, why not this one, your own?

CME

As in every other aspect of MAMCOAANA and Reunions we need volunteers, we need them in starting, accrediting and uplifting our CME programs. In our recent meeting we had lectures on Rheumatology by Dr. Manmohan Gupta, Substance Abuse by Dr. Anand and AIDS by Dr. Rajinder Kapila. In addition presentations by Dr. Bina Kapila on Himalayan Adventure and Mr. Anil Soni on the Tax Strategies for the Doctors were insightful. If you or your family members can give CME or other seminars on matters of daily life, your hobbies or interests please contact the President. If you want to present something in writing, mail it to the editor.

For our future meetings, we also need help in procuring funds from pharmaceutical companies in sponsoring our CME programs. We can even have stalls and exhibits there like the one we had last year for the jewelers. If you have an idea, we are the guinea pig, use it on us.

MAULANA AZAD VS. ALL INDIA INSTITUTE

The age old rivalry and friendly competition between Maulana Azad and AIIMS was rekindled this year when, inadvertently, both alumni associations planned their next reunion on the same dates. Both meet on August 11 to 14, 1988. What about the mixed couples? Do they go to the husband's reunion or wife's? Maybe their children should decide. Maybe a coin toss-up, or they might decide to ignore both and have their own reunion. How about Hawaii? The battle of wits between Maulana Azad and All India Institute continues. Stay tuned.

Look at those who make things happen, look at those who watch things happen. Then look at those who wonder what happened. Get involved. That is the only right way.

MACOAANA Newsletter

Editor: Jagdish Dang, M.D.
4 Arthur Place
Montville, N.J. 07045

CORRESPONDENCE TO THE EDITOR

• A 100 bed non-profit charitable psychiatric cum diagnostic hospital is being established in Nehru Nagar, New Delhi, Dr. Vidya Sagar Kaushalya Devi Psychiatric and Diagnostic Hospital. Giani Zail Singh, President of India, laid the foundation stone at the ground breaking ceremony on Feb. 10, 1985. Dr. Vidya Sagar's name is known in psychiatric circles in India and all over the world. He was called the Father of Psychiatric discipline, and this hospital will be a befitting tribute to his memory. Robert Pasnau, M.D., President of American Psychiatric Association visited the site recently. For your tax deductible donations to this worthy cause, and more informa-

tion, contact: Vidya Sabha, 15 Rainstar St., Irvine, CA 92714. Tel. (714) 786-5501.

• Dr. D.S. Agarwal, Dean, Maulana Azad Medical College sent best wishes for the success of Alumni Reunion. He praised the efforts of Dr. Balak Ram Verma in the liaison work between Maulana Azad and MAMCOAANA.

• Dr. Ashok Vaid, Secretary, MAMCOS, thanked for being invited to the Reunion, wished it success and personally extended an invitation to all Maulana Azadians to attend the Alumni Day at New Delhi on Dec. 20, 1987. He also appealed for the advertisements for the Souvenir.

• Dr. H.K. Chuttani, former Professor of Maulana Azad, appealed for donations to Colonel B.L. Taneja Memorial Fund in the memory of the great pioneer of Maulana Azad.

• National Conference on Primary Health Care to be held at All India Institute of Medical Sciences, New Delhi on Oct. 30-31 & Nov. 1, 1987. For more information contact: Dr. P.C. Bhatla, D-1017, New Friends

Colony, New Delhi.

• Dr. R.P. Gupta, President of MAMCOS in the July '87 issue of MAMCOS Newsletter wrote in detail the various activities of MAMCOS and all the possible joint ventures between MAMCOS & MAMCOAANA. Great things are happening, guys, let's wake up to them and get active. Let's join them in the greatest numbers on their Old Student's Day on December 20, 1987. Some copies of MAMCOS newsletter are available from your President.

TENNIS ANYONE?

Tennis has been a popular and well attended event on each of our reunions. Let's make it even more utilized in future, and let's have the organizer there too, for a change.

INDUS MEDICAL FOUNDATION

For last few years Balak Ram Verma, M.D. and some other Mamcoaanians have been involved in a commendable project, Indus Medical Foundation, for 'Assisting the Sick and Disabled in Developing Countries Through Improved Healthcare Delivery Systems.'

A 94 bed acute care, non profit voluntary hospital is almost complete. Indus Medical Institute, a major part of IMF, is located on a six acre site in Simla. It will serve as a tertiary referral healthcare facility for the Himalayan State of Himachal Pradesh and the adjoining areas.

Dr. Verma and his family have pledged their life—long services and assets in furthering the cause of I.M.F. and other projects devoted to the excellence of medical services in India.

For tax deductible cash contributions, or gifts of equipment, medical supplies and volunteering your services to Indus Medical Foundation, please contact Dr. Verma at 17000 West 8 Mile Road #340, Southfield, Michigan, 48075. Telephone: (313) 559-9075.

Call another MAMCOAANIAN,
What have you got to
lose?

Write a letter to your Editor.
Send him News.
Send him Gossip.

Your Former President

Jagdish C. Dang, MD, graduate of 1964 came to the United States in 1966, is in private practice of Psychiatry in New Jersey. He started writing personal letters to all Maulana Azadians he knew in 1985. The first letter, to 15 persons, on May 5, 1985 started with "Dear Maulana Azadian: Let's arrange a Maulana Azad Alumni Reunion...", the next letter on May 20, 1985 was to 35 persons, the June 1 letter was to 50, and so on. The help from other Maulana Azadians was so great, that in August 1985 there were 35 families getting together in Pennsylvania. You know the rest. (By the way, those letters are a classical example of how an association can be started and continued, with the support of fellow helpers, and if the time is right. If you would like to have copies of those letters, please call him.)

Dang was elected the President of MAMCOAANA in the August 85 meeting, stayed as the President in 1986 and presently is the Editor of our newsletter. He wants to thank all of you for all the help and support that you provided him and will provide him to keep publishing the newsletter.



He holds his position with MAMCOAANA in high esteem and feels it to be the greatest honor. In addition, he is President of Montville Kiwanis Club, financial chairman of Fourth of July celebrations committee, Member Board of Health, Montville, NJ.

He resides in Montville, NJ, with his wife Poonam, who has herself played an active part in organization of various MAMCOAANA reunions, and two teenage children.

Stop the Press

The printing of our first newsletter was a nightmare for your Editor. Horrible problems kept creeping up, mostly unavoidable. The delay is regretted. Hopefully we have learnt a lesson from it and these pitfalls will be avoided in the next issue.

The next issue will be coming to you soon. It will contain details of the colorful ceremonies at Maulana Azad Medical College Reunion in New Delhi on December 20, 1987. It was a smashing success, from all accounts.

Send your notes, letters and news to the Editor to be included in the next issue of MAMCOAANA Newsletter. And to receive your copy at the right address, send your corrected address and dues (\$50.00 or \$75.00 as applicable) to:

Inderjit Saini, M.D.
3793 Barbara Drive
Sterling Heights, MI 48310



Overheard

Adult: How come you are not letting the little children participate in the Teen Disco?

Teen: A teen is defined in Webster Dictionary as a person between the ages of thirteen and nineteen and you adults advertised it as teen disco, remember? Besides, look at that eight year old turning the lights off and on and that five year old getting trampled by the dancers.

Adult: How come that twenty year old man is dancing there?

Teen: Oh, him. He is cute, and he is a good dancer.

Adult: But you just told me the definition of a teen?

Teen: American teens are very adjustable and flexible kids. They don't always go by the book, and now, if you will please excuse me, this is a Teen Disco, and we are having the fun of our life.

(Editor's Note: MAMCOAANA thanks Kirun Jewelers of Los Angeles for sponsoring Teen Disco 1987. In 1988 we have many activities for little kids too, very special activities.)

Please pay your dues
Join MAMCOAANA,
become a member,
send your dues
Send a copy of this
newsletter to another
Maulana Azadian in India,
in England, in Timbaktu.
Let them know about
MAMCOAANA

Handwritten signature: Barbara Glassman

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The Friendly Travel Agent

No description of 1987 Reunion will be complete without mentioning the ever smiling and helpful Barbara Glassman of Travel Square One in Colorado. Almost every Mamcoaana member was impressed by her arrangements and the friendliness with which she handled their minor and major problems. And let's not forget her husband, the photographer, Irwin Glassman. He is truly a gentleman. Next time, may be he can have a professional camera. By the way, pictures came out great, almost professional, a whole albumful. Will be displayed on our next Reunion.

**Send a copy of
this newsletter
to another
Maulana Azadian
in India,
in England,
in Timbaktoo. Let
them know about
MAMCOAANA**

**Join
MAMCOAANA.
Become member
Send your dues**