

MAMCOAANA

MAULANA AZAD MEDICAL COLLEGE ALUMNI ASSOCIATION OF NORTH AMERICA

Education, Excellence, Camaraderie.



MAMCOAANA CME 2016

32nd Annual Convention of MAMCOAANA

"Advances In Medicine 2016"

July 21-24 2016

To be Held at:

Hilton Minneapolis

1001 S Marquette Avenue, Minneapolis, MN

Phone: 612-376-1000

CME Sponsored By:

The University of Arizona College of Medicine - Tucson

Welcome from the CME Chair

Dear Friends,

Welcome to the 32nd Annual Convention of MAMCOAANA taking place on July 21 - 24 2016, in Minneapolis, Minnesota. This conference is accredited by the University of Arizona College of Medicine - Tucson to provide 8 hours of CME. The objective of this meeting is to present advances in the field of medicine and encourage physicians to apply new knowledge and strategies that will improve patient outcome by discussing new trends and treatments. With this in mind, we have invited a fantastic group of speakers to share their expertise and knowledge with us. The meeting will also provide a good platform for exchange of ideas and foster ties with our alma mater. We are honored to have the esteemed MAMC Dean, Dr Deepak Tempe delivering a keynote address on "MAMC: The Way Forward" that would include current education and research opportunities at MAMC with recent contributions and future collaboration with MAMCOAANA.



This year, for the first time we issued a call for the scientific abstracts to be considered for poster presentations during the convention. "MAMCOAANA 2016" received an immensely positive response from its passionate members. Six abstracts were accepted for this year's convention. Also new this year, we have a CME session from LHMC alumni speakers to strengthen our ties.

I would like to thank our President, Dr. Alok Maheshwari and his lovely wife, Dr. Avanti Maheshwari as well as the executive and convention committee members for planning a fabulous convention for us. With a plethora of offerings, I encourage you to join us in Minneapolis!

Best Wishes,

Bharti Khurana, MD (CME Chair)

ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of Arizona College of Medicine – Tucson and MAMCOAANA. The University of Arizona College of Medicine – Tucson is accredited by the ACCME to provide continuing medical education for physicians.

The University of Arizona College of Medicine – Tucson designates this live activity for a maximum of **8.0 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PRACTICE GAP

The field of medicine is changing at a considerable pace. New science, new technology, new devices and new pharmacological agents are constantly being developed, which improve patient outcomes. Fundamental understanding of these developments is essential for the practicing physicians. The physicians attending this annual conference are from many different specialties and many specialists are not well aware of developments in fields other than their own. Update on interventional cardiology and endovascular management of thromboembolism will address the practice gap. Newer diagnostic technologies in infectious diseases and update on constipation will also be discussed. This year we will also focus on recent advances in radiology in diagnosing acute spine trauma. These new management approaches will be presented to cover this gap in our knowledge. There will be a discussion on issues relating to management of childhood asthma in children and also on gender differences in stress and mindfulness based stress reduction approaches. There will also be a discussion on postoperative cognitive decline and its management. The goal of this meeting is to discuss new trends and treatments in these selected topics so that the attendees of this meeting can apply new knowledge and strategies that will improve patient outcomes.

NEEDS ASSESSMENT

Topics were developed from previous evaluations, faculty perception, and participant requests. Topics of high relevance that have not been discussed in the previous meetings like imaging of acute spine trauma, postoperative cognitive decline, targeted, altitude illness, endovascular management of thromboembolism, and management of gout will be discussed. Suggestions were made to include topics that will help the primary care physician and not just specialists such as care of older adult with cancer, mindfulness in medicine, constipation and childhood asthma. These topics of high relevance to the practicing physicians have been selected for this meeting.

TARGET AUDIENCE

This program is intended for the physicians who are alumni of MAMCOAANA who belong to various specialties of medicine including general medicine and family practice.

FORMAT

The program will consist of four-hour sessions for each day. There will be didactic lectures, followed by group discussion.

OBJECTIVES

1. Prevent and treat altitude sickness
2. Evaluate and treat gout
3. Interpret imaging of acute spine trauma
4. Diagnose infectious diseases using new technology
5. Diagnose and treat postoperative cognitive decline
6. Diagnose and treat childhood asthma

AMERICANS WITH DISABILITIES ACT

Persons with a disability may request a reasonable accommodation by contacting Dr. Bharti Khurana at 617-732-6506, or email at bkhurana@bwh.harvard.edu Request should be made as early as possible to allow time to arrange the accommodation.

TAX DEDUCTIBLE STATUS

Each physician should contact his/her accountant about the deductibility of this program.

Disclosures: All Faculty, CME Planning Committee Members, and the CME Office Reviewers have disclosed that they do not have any relevant financial relationships with commercial interests that would constitute a conflict of interest concerning this CME activity.

Speakers and Faculty

<p>Bharti Khurana, MD</p> <p><i>CME Chair</i></p>	<p>Assistant Professor, Harvard Medical School Assistant Director, Emergency Radiology Program Director, Emergency Radiology Fellowship Director, Emergency Musculoskeletal Radiology Brigham and Women's Hospital 75 Francis St, Boston, MA 02115</p>
<p>Manisha Ghei, MD</p>	<p>Medical Director, Praana Integrative Medicine & Holistic Health Center 11211 S Texas 6, Sugar Land, TX 77498</p>
<p>Ajeet Gajra, MD</p>	<p>Associate Professor, Upstate Medical University Medical Director, Hematology Oncology, Upstate Cancer Center 750 E Adams Street, Syracuse, NY 13210</p>
<p>Rahul Khosla, MD</p>	<p>Assistant Professor, George Washington University Associate Chief, Pulmonary and Critical Care Medicine Director, Medical Intensive Care Unit Veterans Affairs Hospital 50 Irving Street NW Washington DC, 20422</p>
<p>Anil Verma, MD</p>	<p>Interventional Cardiologist Mercy Health 3301 Mercy Health Boulevard Suite 125 Cincinnati OH 45211-1106</p>
<p>Anshul Pandhi, MD</p>	<p>Practicing Rheumatologist Group Health Cooperative Bellevue, WA</p>

Nabin K. Shrestha, MD, MPH	Staff Physician, Department of Infectious Diseases Cleveland Clinic 9500 Euclid Avenue, G-21 Cleveland, OH 44195
Anjali Bhagra, MD	Associate Professor of Medicine, Mayo Clinic 200 First St SW Rochester MN
Indu Jain, MD	Assistant Professor of Pediatrics, Oakland University William Beaumont School of Medicine Beaumont Children's Hospital 3601 W. 13 Mile Rd Royal Oak, MI 48073
Indranil Chakraborty, MD	Associate Professor, Neuroanesthesiology Department of Anesthesiology University of Arkansas for Medical Sciences 4301 W Markham St Little Rock, AR 72205
Neeraj Tandon, MD	Associate Professor of Medicine, LSU School of Medicine Overton Brooks VA Medical Center 510 E Stoner Ave, Shreveport, LA 71101
Vikas Khurana, MD	Practicing Gastroenterologist Upper Darby, PA 19802

DAY ONE: FRIDAY JULY 22 2016

Moderator: Bharti Khurana, MD (CME Chair)

TIME	TOPIC	SPEAKER
7:55 AM	Introduction and Opening Remarks	
8:00 - 8:30	Mindfulness in Medicine: Healing the Healer to Prevent Burnout	<i>Manisha Ghei, MD</i>
8:30 - 9:00	Care of the Older Adult with Cancer (Geriatric Oncology 101)	<i>Ajeet Gajra, MD</i>
9:00 - 9:30	Imaging of Acute Spine Trauma	<i>Bharti Khurana, MD</i>
9:30 - 10:00	Roundtable Discussion	
10:00 - 10:30	Altitude Illness: Prevention and Treatment	<i>Rahul Khosla, MD</i>
10:30 - 11:00	Endovascular Management of Venous Thromboembolism	<i>Anil Verma, MD</i>
11:00 - 11:30	Evaluation and Treatment of Gout	<i>Anshul Pandhi, MD</i>
11:30 - 12:00	Roundtable Discussion	
12:00	Adjourn	

DAY TWO: SATURDAY JULY 23 2016

Moderator: Bharti Khurana, MD (CME Chair)

TIME	TOPIC	SPEAKER
8:00 - 8:30	Newer Diagnostic Technologies in Infectious Diseases	<i>Nabin Shrestha, MD</i>
8:30 - 9:00	Gender Differences in Stress and Mindfulness Based Stress Reduction Approaches	<i>Anjali Bhagra, MD</i>
9:00 - 9:30	Childhood Asthma 2016: Tools of the Trade	<i>Indu Jain, MD</i>
9:30 - 10:00	Roundtable Discussion	
10:00 - 10:30	Anesthesia.. And Forget It All! Post-operative Cognitive Decline: Evidence vs. Fiction	<i>Indranil Chakraborty, MD</i>
10:30 - 11:00	Update on Interventional Cardiology	<i>Neeraj Tandon, MD</i>
11:00 - 11:30	Diet, Hydration and Constipation	<i>Vikas Khurana, MD</i>
11:30 - 12:00	Roundtable Discussion	
12:00	Adjourn	

EVALUATION FORM

The information contained in this form will assist in evaluating the effectiveness of this program and to make recommendations for future educational offerings. Return this form to the Registration Desk.

Directions: Using a scale of 1 -5 (1 = poor, 2 = fair, 3 = good, 4 = very good, 5 = excellent)

A. Rate the extent the objectives were met:

Prevent and Treat Altitude Sickness	1	2	3	4	5
Evaluate and Treat Gout	1	2	3	4	5
Interpret Imaging of Acute Spine Trauma	1	2	3	4	5
Diagnose Infectious Diseases Using New Technology	1	2	3	4	5
Diagnose and Treat Postoperative Cognitive Decline	1	2	3	4	5
Diagnose and Treat Childhood Asthma	1	2	3	4	5

B. Please Rate Each Speaker

Manisha Ghei, MD	1	2	3	4	5
Ajeet Gajra, MD	1	2	3	4	5
Bharti Khurana, MD	1	2	3	4	5
Rahul Khosla, MD	1	2	3	4	5
Anil Verma, MD	1	2	3	4	5
Anshul Pandhi, MD	1	2	3	4	5

Nabin Shrestha, MD, MPH	1	2	3	4	5
Anjali Bhagra, MD	1	2	3	4	5
Indu Jain, MD	1	2	3	4	5
Indranil Chakraborty, MD	1	2	3	4	5
Neeraj Tandon, MD	1	2	3	4	5
Vikas Khurana, MD	1	2	3	4	5

C. Rate the educational quality of the activity	1	2	3	4	5
---	---	---	---	---	---

D. Rate how the activity will benefit you and help improve patient care	1	2	3	4	5
---	---	---	---	---	---

E. Please give an example of what you will do differently in your practice as a result of participating in this activity:

F. What will you do differently in the care of your patients as a result of attending this activity?

G. How do you think these changes will affect patient outcomes?

H. Are there barriers that could block implementation of the new learned behaviors strategies or skills taught in this educational activity?



Yes No

If yes, please explain:

I. Was disclosure made prior to this activity?

Yes No

Comments:

Suggestions for Future Activities:



CREDIT REQUEST FORM

The AMA recommends that the accredited provider document “the actual number of credits earned by individual physician participants.” This documentation is also required for other professions. In order to comply with these requirements, please complete this form and indicate the number of hours attended. The actual hours are indicated next to the session for each profession.

Please complete this form in order to receive a certificate for CME Credit

Certificate will not be issued if payment for continuing medical education has not been made.

PLEASE PROVIDE THE FOLLOWING INFORMATION TO WHICH THE CERTIFICATE OF CORRECT CREDIT HOURS WILL BE MAILED:

Name: _____

Address: _____

City: _____

State: _____

Zip: _____

Email: _____

Telephone: _____

Form continued on next page

FRIDAY JULY 22, 2016

Session	Credit Hours
Mindfulness in Medicine: Healing the Healer to Prevent Burnout	/ .5
Care of the Older Adult with Cancer (Geriatric Oncology 101)	/ .5
Imaging in Acute Spine Trauma	/ .5
Roundtable Discussion	/ .5
Altitude Illness: Prevention and Treatment	/ .5
Endovascular Management of Venous Thromboembolism	/ .5
Evaluation and Treatment of Gout	/ .5
Roundtable Discussion	/ .5

Total Hours - Friday: _____ Hours
(Maximum of 4 Credit Hours)

SATURDAY JULY 23, 2016

Session	Credit Hours
Newer Diagnostic Technologies in Infectious Diseases	/ .5
Gender Differences in Stress and Mindfulness Based Stress Reduction Approaches	/ .5
Childhood Asthma 2016: Tools of the Trade	/ .5
Roundtable Discussion	/ .5
Anesthesia.. And Forget It All! Post Operative Cognitive Decline: Evidence vs. Fiction	/ .5
Update on Interventional Cardiology	/ .5

Diet, Hydration and Constipation	/ .5
Roundtable Discussion	/ .5

Total Hours - Saturday: _____ Hours
(Maximum of 4 Credit Hours)

Total Hours to be Awarded: _____ *AMA PRA Category 1 Credits*™
(Maximum of 8 Credit Hours)

POSTER PRESENTATIONS

“Clinical features and management of non-HIV related lipodystrophy in children: a systematic review”

Dr. Nidhi Gupta

“Combined association of body mass index and serum creatinine with cause of death in elderly patients undergoing percutaneous coronary intervention”

Dr. Kashish Goel

“Prevalence, Risk Factors and Outcomes of Irritable Bowel Syndrome after Infectious Enteritis: A Systematic Review and Meta-analysis”

Dr. Madhusudan Grover

“Incidental findings in asymptomatic Paget’s disease: When do we need to treat”

Dr. Shraddha Jatwani

“Recurrent Thrombotic Thrombocytopenic Purpura in Systemic Lupus Erythematosus: A Rare Coincidence”

Dr. Shraddha Jatwani

“Clinical Correlates, Outcomes and Predictors of Episcleritis and Scleritis associated with Rheumatoid Arthritis”

Dr. Ashima Makol
