



MAULANA AZAD MEDICAL COLLEGE ALUMNI ASSOCIATION OF  
NORTH AMERICA

1985

## **31<sup>st</sup> ANNUAL CONVENTION OF MAMCOAANA**

*Presents*

**Advances in Medicine 2015**  
**July 23-26, 2015**

To be held at

**OMNI<sup>®</sup>  HOTELS & RESORTS**

*FOUR RIVERWAY, HOUSTON, TEXAS 77056, PHONE: (713) 871-8181*

Sponsored for CME by

*The University of Arizona College of Medicine at the Arizona Health  
Sciences Center*

## ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Arizona College of Medicine at the Arizona Health Sciences Center and MAMCOAANA. The University of Arizona College of Medicine at the Arizona Health Sciences Center is accredited by the ACCME to provide continuing medical education for physicians.

The University of Arizona College of Medicine at the Arizona Health Sciences Center designates this live activity for a maximum of **8.0 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## PRACTICE GAP

The field of medicine is changing at a considerable pace. New science, new technology, new devices and new pharmacological agents are constantly being developed, which improve patient outcomes. Fundamental understanding of these developments is essential for the practicing physicians. The physicians attending this annual conference are from many different specialties and many specialists are not well aware of developments in fields other than their own. Illnesses relating heart are the leading cause of morbidity and mortality and advances in screening and treatment strategies relating these conditions that many physicians are not aware of leading to 'practice gaps'. Hyperlipidemia: A Review of New Treatment Guidelines, management of heart failure and advances in the management of peripheral arterial diseases will be discussed. This year we will also focus on recent advances in radiology and the emerging role of MRI in managing prostate cancer. These new management approaches will be presented to cover this gap in our knowledge. There will be a discussion on issues relating management acute postoperative pain in children, chronic pain with a focus on fibromyalgia and acute hip pain in the emergency department. There will also be a discussion on acute renal injury, its risk factors, complications and management. The goal of this meeting is to discuss new trends and treatments in these selected topics so that the attendees of this meeting can apply new knowledge and strategies that will improve patient outcomes.

## **NEEDS ASSESSMENT**

Topics were developed from previous evaluations, faculty perception, and participant requests. Topics of high relevance that have not been discussed in the previous meetings like advances in diabetes, advances in interventional cardiology, management of anxiety and contemporary acupuncture and its role in managing pain. Suggestions were made to include topics that will help the primary care physician and not just specialists such as osteoporosis, rheumatic disease and diabetes. These topics have been selected for this meeting.

### **TARGET AUDIENCE**

This program is intended for the physicians who are alumni of MAMCOAANA who belong to various specialties of medicine including general medicine and family practice.

### **FORMAT**

The program will consist of four-hour sessions for each day. There will be didactic lectures, followed by group discussion.

### **OBJECTIVES**

1. Identify risk factors and complications of acute renal failure
2. Manage peripheral arterial disease
3. Manage acute pain in children based on recent knowledge regarding treatment of fibromyalgia.
4. Diagnose prostate cancer with the emerging role of MRI
5. Manage hyperlipidemia via new treatment guidelines
6. Use peripheral blood smear examination in the management of anemias

### **AMERICANS WITH DISABILITIES ACT**

Persons with a disability may request a reasonable accommodation by contacting Dr. Dinesh K Choudhry at 610 416 9442, or email at [dineshkchoudhry@yahoo.com](mailto:dineshkchoudhry@yahoo.com). Request should be made as early as possible to allow time to arrange the accommodation.

### **TAX DEDUCTIBLE STATUS**

Each physician should contact his/her accountant about the deductibility of this program.

Special thank to the following sponsors for their  
**\* Generous Support \***

**Biotronik**  
**Daiichi Sankyo, Inc.**

\*\*\*

*Janssen Pharmaceuticals, Inc.*

*National Cardiovascular Partners*

\*\*\*

*St. Jude Medical*

**Boston Scientific**

**Bristol-Myers Squibb**

**Gilead Sciences, Inc.**

\*\*\*

**Zoll**

**Your Health Lab &  
MHC Network Solutions**

\*\*\*

**AstraZeneca**

## FACULTY

Dinesh K Choudhry	CME Chair Associate Professor, Anesthesiology and Critical Care, Thomas Jefferson University, Philadelphia, PA Director of Pain Service DuPont Hospital for Children, Wilmington, DE
Ajay Rawal	Staff Pathologist, Regions Hospital Health Partners Medical Group, 640 Jackson St., St Paul, MN 55101
Randeep Suneja	Private Practice–Director Cardiology Ctr. of Houston, TX
Raj Marwah	Clinical Professor, Internal Medicine, Division of Rheumatology, Texas Tech University, El Paso, TX
Manisha Ghei	Medical Director Praana Integrative Medicine & Holistic Health Center 11211 S Texas 6, Sugar Land, TX 77498
Vikas Khurana	Practicing Gastroenterologist Noble Medical Care, Upper Derby, PA 19082
Tarang Sharma	Endocrinologist Columbus Endocrine Consultants Columbus, OH
Vivek Mishra	Interventional and Neuroradiologist Radiologic Associates of Northwest Indiana, Valparaiso, IN
Alok Maheshwari	Interventional cardiologist North Memorial Heart and Vascular Center Maple Grove, MN 55369
Ashutosh Gupta	Nephrologist, Nephrology Associates of Northern Illinois and Indiana, 326 W, 64th Street, Chicago, IL 60621
Ved Prakash	Internist, Nuclear Medicine Specialist, Radiologist Riverside, CA 92503
Bharti Khurana	Director, Emergency Musculoskeletal Radiology; Assistant Professor, Harvard Medical School; Assistant Chief, Emergency Radiology Brigham and Women's Hospital, Boston MA

## **FACULTY**

**Dinesh K Choudhry, MD - CME Chair**

### **Speakers**

Alok Maheshwari	Peripheral Arterial Disease
Randeep Suneja	Management of Systolic Heart Failure
Dinesh K Choudhry	Acute Pain Management in Children
Raj Marwah	Chronic Pain - A Focus on Fibromyalgia
Tarang Sharma	Hyperlipidemia: A Review of New Treatment Guidelines
Ved Prakash	Recent Advances in Radiology
Vivek Mishra	Prostate Cancer - Emerging role of MRI
Ashutosh Gupta	Acute Renal Failure - Risk factors, Complications & Management
Vikas Khurana	Constipation Alternating with Diarrhea
Ajay Rawal	Role of Peripheral Blood Smear examination in Anemia
Manisha Ghei	Autoimmunity: The gut connection - A Functional Medicine Approach
Bharti Khurana	Acute hip pain in the Emergency Department - Fracture and Beyond

### **Moderator**

Dinesh Choudhry

## **DISCLOSURES**

All Faculty, CME Planning Committee Members, and the CME Office Reviewers have disclosed that they do not have any relevant financial relationships with commercial interests that would constitute a conflict of interest concerning this CME activity

**CME AGENDA**  
**31<sup>st</sup> ANNUAL CONVENTION OF MAMCOAANA**  
**Advances in Medicine 2015**  
**July 24 to July 25, 2015**

**Friday, July 24, 2015**

- 7:55 AM Introduction and Opening Remarks
- Moderator: Dinesh K Choudhry, MD, FRCA
- 8:00-8:30 Acute Pain Management in Children  
Dinesh K Choudhry, MD, FRCA
- 8:30-9:00 Chronic Pain - A focus on Fibromyalgia  
Raj Marwah, MD
- 9:00-9:30 Autoimmunity: The gut connection-A Functional Medicine Approach  
Manisha Ghei, MD
- 9:30-10:00 Roundtable Discussion and Coffee Break
- Moderator: Dinesh K Choudhry, MD, FRCA
- 10:00-10:30 Management of Systolic Heart Failure  
Randeep Suneja, MD, FACC, FACP, FCCP
- 10:30-11:00 Peripheral Arterial Disease  
Alok Maheshwari, MD
- 11:00-11:30 Constipation Alternating with Diarrhea  
Vikas Khurana, MD, MBA
- 11:30-12:00 Roundtable Discussion
- 12:00 Noon Adjourn**

**CME AGENDA**  
**31<sup>st</sup> ANNUAL CONVENTION OF MAMCOAANA**  
**Advances in Medicine 2015**  
**July 24 to July 25, 2015**

**Saturday, July 25, 2015**

**Moderator:** Dinesh K Choudhry, MD, FRCA

8:00-8:30 Acute Renal Failure - Risk factors, Complications & Management  
Ashutosh Gupta, MD

8:30-9:00 Role of Peripheral Blood Smear examination in Anemia  
Ajay Rawal, MD

9:00-9:30 Hyperlipidemia - A Review of New Treatment Guidelines  
Tarang Sharma, MD

9:30-10:00 Roundtable Discussion and Coffee Break

**Moderator:** Dinesh K Choudhry, MD, FRCA

10:00-10:30 Recent Advances in Radiology  
Ved Prakash, MD

10:30-11:00 Prostate Cancer - Emerging role of MRI  
Vivek Mishra, MD

11:00-11:30 Acute Hip Pain in the Emergency Department - Fracture and Beyond  
Bharti Khurana, MD

11:30-12:00 Roundtable Discussion

**12:00 Noon Adjourn**

.....



## NOTES

**EVALUATION FORM**  
**31<sup>st</sup> ANNUAL CONVENTION OF MAMCOAANA- Advances in Medicine 2015**

*The information contained in this form will assist in evaluating the effectiveness of this program and to make recommendations for future educational offerings. Return this form to the Registration Desk.*

**Directions - using a scale of 1 - 5 (1 = poor 2=fair 3=good 4=very good 5 = excellent)**

**A. Rate the extent the objectives were met:**

Acute Pain management in children	1	2	3	4	5
Role of MRI in the management of prostate cancer	1	2	3	4	5
Acute renal failure complications and management	1	2	3	4	5
Hyperlipidemia - a review of new treatment	1	2	3	4	5
Role of peripheral blood smear in managing anemias	1	2	3	4	5
Management of systolic heart failure	1	2	3	4	5

**B. Please Rate Each Speaker**

Dinesh K Choudhry, MD	1	2	3	4	5
Manisha Ghei, MD	1	2	3	4	5
Raj Marwah, MD	1	2	3	4	5
Randeep Suneja, MD	1	2	3	4	5
Alok Maheshwari, MD	1	2	3	4	5
Vikas Khurana, MD	1	2	3	4	5
Ashutosh Gupta, MD	1	2	3	4	5
Ajay Rawal, MD	1	2	3	4	5
Tarang Sharma, MD	1	2	3	4	5
Ved Prakash, MD	1	2	3	4	5
Vivek Mishra, MD	1	2	3	4	5
Bharti Khurana, MD	1	2	3	4	5

C. Rate the educational quality of the activity      1      2      3      4      5

D. Rate how the activity will benefit you and help improve patient care.      1      2      3      4      5

E. Please give an example of what you will do differently in your practice as a result of participating in this activity:

---

---

---

F. What will you do differently in the care of your patients as a result of attending this activity?

---

---

---

G. How do you think these changes will affect patient outcomes?

---

---

---

H. Are there barriers that could block implementation of the new learned behaviors, strategies or skills taught in this educational activity?     Yes     No

If yes, explain \_\_\_\_\_

I. Did you feel there was bias toward any particular product or company?     Yes     No

If yes, explain: \_\_\_\_\_

J. Was Disclosure made prior to the activity?       Yes       No

Comments:

---

---

---

Suggestions for Future Activities:

---

---

---

## CREDIT REQUEST FORM

### 31<sup>st</sup> Annual Convention of MAMCOAANA

The AMA recommends that the accredited provider document “the actual number of credits earned by individual physician participants.” This documentation is also required for other professions. In order to comply with these requirements, please complete this form and indicate the number of hours attended. The actual hours are indicated next to the session for each profession.

Please complete this form in order to receive a certificate for CME Credit

***(Certificate will not be issued if payment for continuing medical education has not been made)***

PLEASE PROVIDE THE FOLLOWING INFORMATION TO WHICH THE CERTIFICATE OF CORRECT CREDIT HOURS WILL BE MAILED:

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

EMAIL: \_\_\_\_\_ TELEPHONE: \_\_\_\_\_

### Friday, July 24, 2015

<u>Session</u>	<u>Credit Hours</u>
Acute Pain management in children	___ .5
Autoimmunity - The gut connection	___ .5
Chronic Pain - A focus on Fibromyalgia	___ .5
<b>Round Table Discussion</b>	___ .5
Management of Systolic Heart Failure	___ .5
Peripheral Arterial Disease	___ .5
Constipation Alternating with Diarrhea	___ .5
<b>Round Table Discussion</b>	___ .5

**Total Hours Attended on Friday**      \_\_\_\_\_ **Hours**  
*(Maximum of 4 Credit Hours)*

**Saturday, July 25, 2015**

<b><u>Session</u></b>	<b><u>Credit Hours</u></b>
Acute Renal Failure-Risk factors, Complications & Management	___ .5
Role of peripheral blood smear examination in anemias	___ .5
Hyperlipidemia: A Review of New Treatment Guidelines	___ .5
<b>Round Table Discussion</b>	___ .5
Recent advances in radiology	___ .5
Prostate Cancer - Emerging role of MRI	___ .5
Acute hip pain - Fracture and beyond	___ .5
<b>Round Table Discussion</b>	___ .5

**Total Hours Attended on Saturday** \_\_\_\_\_ **Hours**  
*(Maximum of 4 Credit Hours)*

**Total Hours to be Awarded:** \_\_\_\_\_ **AMA PRA Category 1 Credits™**  
*(Maximum of 8 Credit Hours)*

\*\*\*\*\*